



SAILPAST



January, 2020

Don't Forget!



This too shall pass!

Only two more months to go!

Sailpast is a monthly publication of the Frenchman's Bay Yacht Club.

Don't forget the Boat
Show is on!

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Frenchman's Bay Yacht Club

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New Years Traditions

There are so many ways to start off 2020: You can have a wild night out, heading to a party that spans two years. You can opt for a quiet night at home, watching movies and reading books. But whatever you opt to do, the way you begin January 1 sets the tone for the rest of the year, so choose wisely.

In fact, some cultures believe that what you're doing when the clock strikes midnight is so important, it'll affect your luck, wealth, life, and love for the rest of the year. Better not take any chances and adopt one of these new year good luck traditions. Some aim to banish evil spirits and invite good ones in. Others promise to bring money and prosperity to your household, and keep the cash flowing in all year long. Some will help you find love. Others seem downright crazy or bizarre, but it couldn't hurt to try them anyway. Whatever you're hoping will happen in the next 12 months, we invite you to raise a glass of Champagne and enjoy the luckiest 2020 ever.

Eat 12 Grapes

Yes, exactly 12, one at each stroke of midnight. That's what they do in Spain — pop one grape for every month of the New Year. Even if it doesn't bring luck, you'll start the year with a fresh taste in your mouth.

Smooch a Loved One

Chances are, you've heard of this one before: When the clock strikes midnight, you're supposed to kiss someone you love. According to the Washington Post, this is borrowed from English and German folklore, which stated that it's "the first person with whom a person came in contact that dictated the year's destiny,"

so don't choose your kissing partner willy-nilly.

Jump Into 2020

According to Travel and Leisure, in Denmark, people stand on their chairs and "leap" into January at midnight to bring good luck and banish bad spirits. Couldn't hurt! (Unless you break the chair.)

Have Hoppin' John for New Year's Day Dinner

It's said that anyone who makes this dish of black-eyed peas, pork, and rice on January 1 will experience luck and peace for the rest of the year.

Pack Light

In fact, pack nothing at all. In Colombia, people take empty suitcases and go for a stroll around the block. It's supposed to guarantee a year filled with travel.

Break the Peppermint Pig

In upstate New York, they sell special peppermint pigs all throughout the holiday season. Everyone gets to take a turn hitting it with a special candy-size hammer and eating a piece for good fortune in the coming year.

Keep the Windows Open. Doors too!

How else are you supposed to let the old year out, and the new year in? In the Philippines, if you crack a window or door on New Year's Eve, it's believed that negative energy will leave and good energy will enter.

Choose Your Underwear Carefully

Certain countries, especially in Latin America, believe that the color of your underwear can bring good things to you in the next 12 months. Yellow and green underwear offer wealth, red is for love, and white undies bring peace.

Wear White

In Brazil, what you wear on top of those undies matter, too — and everyone wears white for good luck and peace. If you can head to the beach, you can increase your luck by heading to the water and jumping over seven waves. You get one wish for each wave.

Throw Water out the Window

Look out below! In Puerto Rico, they believe that dumping a bucket of water out the window drives away evil spirits. If that seems a little too unfair to the people who might be passing by, Puerto Ricans also sprinkle sugar outside their houses to invite the good luck in, which is a little sweeter

Add Something Extra to the Champagne

In Russia, everyone writes down a wish for the next year, burns the paper they wrote it on, dumps the ashes in a glass of Champagne, then drinks it before midnight.



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Sailing News

Gather your crew and get your tickets for the Sail Canada Rolex Sailor of the Year Awards on Friday, March 6th, 2020 at The Carlu in Toronto!

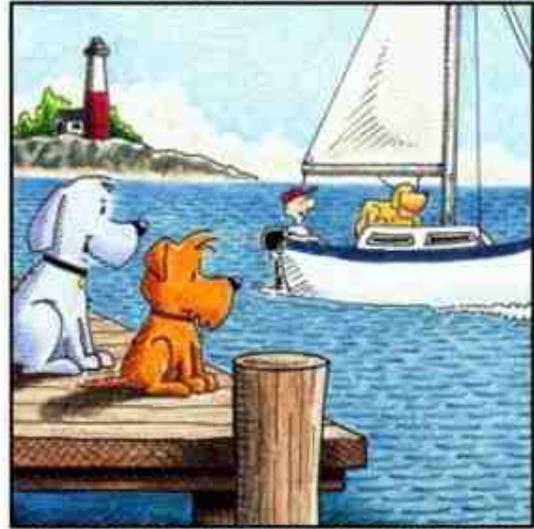
The recipients of the 2019 Sail Canada Awards will be honoured at The Sail Canada Rolex Sailor of the Year Awards;

Tom Ramshaw

CST member, Tom Ramshaw, put his training to the test at the 2019 Finn Gold Cup in Melbourne, Australia last month. Competing against some of the best Finn sailors in the world, this event saw various conditions, from being stuck ashore with no wind to record-breaking 40C days with 15 knots.

As one of the internal Olympic Team selection event, this demanded high concentration and focus on final results. With some tough competition, Tom was able to keep consistent results across the 5 days of fleet racing. The Finn sailor battled it out in the top 10 all week, heading into medal races in 7th place bringing him to a final 8th place overall. "Getting the qualification was what I wanted, but I was hoping for a better result" the sailor mentions, "finishing 5th last year was a great result, but this year I couldn't manage to get into the top group and stick with them."

SAILTOONS by Michael Malzone



HE SAYS IT'S LIKE HANGING YOUR HEAD OUT THE CAR WINDOW BUT MUCH BETTER!

From the Cockpit

Happy New Year Everyone!

Hope that everyone had a Great Holiday and looking forward to a new year and a new season of sailing. When this gets published the Boat show will be in full swing so if you are looking for some good deals on electronics, safety equipment, clothing or just want to look at some nice new boats and not think about the cold or snow the boat show is a good place to go.

As some of you may know Kayleen Mertz our Bar Steward has moved on to a new career in finance and though she will be missed we do wish her well. If you came out to the Commodore's Levee you would have met our new bartender Sabrina Castle. If the name sounds familiar it may be because she is the daughter of long-time members Craig and Lorraine Castle. Their boat's name is Sea Castle. If you haven't met her yet you can meet her at bar night every Friday at the club. So, come on out and introduce yourself and welcome her to the club.

Speaking of the Commodore's Levee, I would like to thank all that came and participated in all the festivities. It was a great day to start the new year with some libations, delicious apps to share and tales of the holidays to tell members and friends that you haven't seen in months. This year as with previous years there were four meatrolls up for grabs. For those who are not aware the funds that were collected went to the event itself and any extra goes to needed things like the new tarp for the patio, the new kids swing set. These items are equipment which are not normally part of the regular expenses that the club funds so thanks to those who participated in the draws for the meatrolls.

Something new for this year I thought it was to add two meat lasagnas as they were a hit in the summer and the feedback was favourable as well at the Levee so maybe next year, I will do it again.

In all, six families took home a great prize from the levee and I hope that fun was had by all. Thanks to the members who brought some snacks. Thanks Shernaz and Stuart for helping to set up for this event. Looking forward in seeing everyone in the new year.

I am always open to ideas on ways to improve our club for all to enjoy. So, if you have a good idea please do not hesitate in contacting me or the executives so that we may make appropriate changes to accommodate all our needs. I am hopeful that we can have activities and events that attract all members of our families so, share your ideas with us please.

Let's make this year the best year at FBYC.

- Mark Chin

Club News

Rear Commodore Fleet

I am looking for some volunteers for the fleet committee. My goal is to divide up the work into 16 hour tasks and get someone to take on each.

Here are the tasks I need volunteers to take on:

- 1) Organize speakers for 2 or 3 Wednesday nights during this winter and going forward
- 2) Build a new Mark #4 and continuing to build more next year - I have found a better design that addresses the haul out of marks problem and the dragging we have experienced. I need someone to source the materials, price out the project and build one.
- 3) Enter data after the races. We can teach someone the system.

- Tom Wood (rcfleet@fbyc.org or 416 315 7784)

Membership

A Buddy System

FBYC has a long tradition of members helping members. That might mean lending tools, or it might be suggesting great restaurants when visiting other clubs. Usually it happens organically. Over the years the people with boats near you or along the same dock, become your greatest source of boating knowledge.

When I joined the club with a Whitby 27, I was given a slip next to Bob Hickson and his Viking 28. Bob was a fabulous source of information about boats, the club, and the lake as a whole.

But for some new members, especially those who are new to boat ownership, the questions are more plentiful, and their network of knowledgeable friends might be smaller. So, the membership committee would like to resume the tradition of appointing a 'buddy' for new members. Ideally it would be someone on the same dock, and possibly someone with a similar boat.

This is not a new idea. It has been done occasionally over the years, and it's really just a more structured version of what happens every day at the club. So, we are going to give it a go this spring.

Any members interested in being a 'buddy' or a 'mentor' for new members please reach out to membership@FBYC.ca with your name, email, phone number, boat name and slip number, and we will put you on the list. We have two new members joining this spring, and probably more as the season approaches.

- Jeff Blundell (membership chair)



Upcoming Events

Social Events

Every Friday Night (7:00 pm) - Pub Nights
in the Regatta Room

Club Business

Monday, February 10 (7 pm)
- Executive Meeting

Monday, February 24 (8 pm)
- General Meeting

Monday, March 9 (7 pm)
- Executive Meeting

Available to members or member sponsored guests.

FOR RENT

For further details and contract terms, contact
Steward@fbyc.ca

\$175.00 per event
(includes use of kitchen facilities)

Additional Services Available:

- Bar (1 or 2 bartenders)
- Post-event cleaning

PARA

Thursday, January 23 (6:30 - 9:30 pm)
- Monthly Training

Tuesday, February 4 (7 pm)
- Executive Meeting

Tuesday, February 11 (7 - 9:30 pm)
- Coxswain Forum

Thursday, February 20 (6:30 - 9:30 pm)
- Monthly Training

Saturday/Sunday, February 22/23 (8 am
to 6 pm)
- Training

Tuesday, March 3 (7 - 9:30 pm)
- Executive Meeting

Tuesday, March 10 (7 - 9:30 pm)
- Coxswain Forum

Thursday, March 12 (6:30 - 9:30 pm)
- Training

Saturday/Sunday, March 21/22 (8 am to 6
pm)
- Training



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