

Jeff Blundell,
Sailing School Director

Our February registration drive was a grand success. It is only the middle of March and our summer sailing school is already one-third full! A lot of the new sailors found us because of referrals by club members. That is the key to our program, so I thank you for that.

The “Tuesday Night Club” is returning this year... it’s a chance for adults to learn about keel boat sailing and Yacht Club Life. Tom Wood has all the details. If you have co-workers or neighbours that seem interested in your life on the water, mention this program to them and point them to the website:

<http://www.fbycsailingschool.com/#!/for-adults/h0gdw>

I would like to introduce our teaching staff for the season ahead:

Sean Magee-Saxton, Head Instructor



2016 is Sean’s first year at FBYC Sailing School, but he is no stranger to teaching sailing on Lake Ontario. Sean has been an instructor and a race

coach at a number of different clubs around Toronto, as well as at Queen’s University in Kingston. Recently, he represented Canada at the international Laser Performance Collegiate Cup. He also has a black belt in Tae Kwon Do.

Connor McNeil, Race Coach



Connor started sailing at FBYC when he was 12. Right from day one he was a racer. After two years racing in an Opti he moved up to a Laser. This

is his fourth season coaching at FBYC. In the off season he is a Psychology Major and Law Minor at Dalhousie University in Halifax, while also competing for the Dalhousie Sailing Team.

Isabella Zeeb, CanSail Instructor



Isabella started sailing when she was 8 and immediately loved the camp and the friendly atmosphere around the club. She worked her way

through her levels and sailed on the Race Team for 3 years. She is currently enrolled in Culinary Management at Humber College.

FBYC Fleet Report March 2016

David Riegert RC Fleet



We had over 50 people turn out in January for the Castle's report on their epic summer sailing adventure in the south Pacific. A good time was had by all as

we met and enjoyed the ambiance of the regatta room. Thanks Craig for preparing and sharing. On February 24 the weather was unstable, but our presenter was willing to come and it is difficult to reschedule an event in a busy FBYC calendar. Those who braved the elements received useful information from David Sandford about shore (AC) power. The club executive will be taking steps to improve the safety of our dock facilities for the enjoyment of members and visitors. The effectiveness of these endeavours will be somewhat dependent on the compliance of all boat owners.

The final winter seminar for this season will be on March 30. Brian Chapman from UK Sailmakers will be speaking on "Sail and Rigging Trim for Optimal Boat Speed." All skippers, crew, and potential crew are encouraged to attend.

The sail/cruise calendar for 2016 is 99% booked. The information is on the website. Thanks to Doug Welch for revamping the site. All the dates have been incorporated into one club calendar. You can click on an event and have it copied into your own personal web-based calendar. This is a good place to check as you plan your summer activities.

Related information for racers. According to Sailing Instructions for 2015, only the following races are counted for Boat of the Year award: spring, summer 1, summer 2, and fall series; single handed, double handed, and Mayor's challenge pursuit races.

Launching starts in six weeks!!

How to Heave-to in a Sailboat, from "Seamanship Secrets" by John Jamieson p 277.

Heaving-to stops the forward momentum of a sailboat. Use this to recover persons in the water, in heavy weather, or to go below to make meal.

1. Sail onto a close-hauled course. 2. Tack the boat but do not touch any sheets. Allow the jib to backwind. 3. Adjust the helm so that the boat tries to head up into the wind, but the backed jib pushes the bow away from the wind.

The boat will lee beam-to the seas and make a zigzag drift to leeward at about 1 or 2 knots: this also creates a slick to windward to calm the seas.