



SAILPAST



May, 2018

New Season Edition



Sailpast, 2017

Sailpast 2018 - June 2



Sailpast is a monthly publication of the Frenchman's Bay Yacht Club.

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Frenchman's Bay Yacht Club

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Reminders

**Sailpast
June 2**

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Fathers Day

Father's Day is a celebration honoring fathers and celebrating fatherhood, paternal bonds, and the influence of fathers in society.

In Catholic Europe, it has been celebrated on March 19 (St. Joseph's Day) since the Middle Ages. This celebration was brought by the Spanish and Portuguese to Latin America, where March 19 is often still used for it, though many countries in Europe and the Americas have adopted the U.S. date, which is the third Sunday of June (falling June 17 in 2018). It is celebrated on various days in many parts of the world, most commonly in the months of March, April and June. It complements similar celebrations honoring family members, such as Mother's Day, Siblings Day and Grandparents Day.

A customary day for the celebration of fatherhood in Catholic Europe is known to date back to at least the Middle Ages, and it is observed on 19 March, as the feast day of Saint Joseph, who is referred to as the fatherly *Nutritor Domini* ("Nourisher of the Lord") in Catholicism and "the putative father of Jesus" in southern European tradition. This celebration was brought to the Americans by the Spanish and Portuguese, and in Latin America, Father's Day is still celebrated on 19 March. The Catholic church actively supported the custom of a celebration of fatherhood on St. Joseph's day from either the last years of the 14th century or from the early 15th century, apparently on the initiative of the Franciscans.

In the Coptic Church, the celebration of fatherhood is also observed on St Joseph's Day, but the Copts observe this celebration on July 20. This Coptic celebration may date back to the fifth century.

In addition to Father's Day, International Men's Day is celebrated in many countries on November 19 in honor of men and boys who are not fathers.



Entertainment Committee



With the buzz of activity around the club, getting boats and grounds ready for Sailpast on June 2nd, there is no shortage of things to do, but it's not 'entertainment' per se. It's more like volunteer work hours! To help you recover, and to keep you flexible for this physically challenging work, FBYC has two evenings a week of yoga available. Both classes are pretty much full, however there is the odd space for a drop in visit. Please email: entertainment@fbyc.ca so see about availability to try a class.

This summer, we will offer yoga on Tuesday evenings at the club. Sign up details will be posted in June. We are also planning for a few Sunday morning classes, spread throughout July & August. Details will be shared, once they are firmed up.

Between Wed. race night, Friday night dinners, Sailpast, Regatta and club cruises, it feels like there are many opportunities to be involved, and Entertainment Committee encourages you to support these events with your attendance. Both Sailpast and Regatta are great parties, and will be more fun, when there is a really good turn out. Sure hope to see you there!

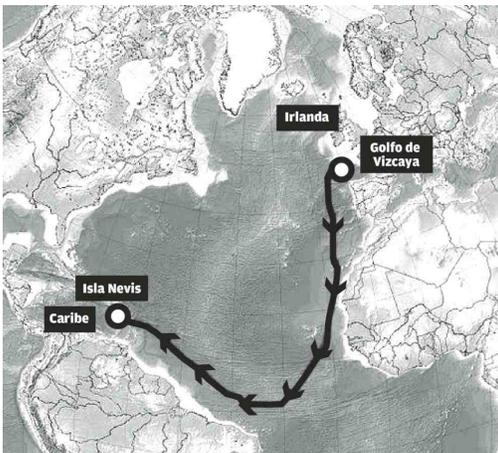
The summer will not go by, with out our annual corn roast, but that's far away at this point, so let's not get ahead of ourselves, but enjoy the now. Watch your email inbox for updates from Entertainment, and see you at Sailpast.

- Annette Reesor

Message in a Bottle

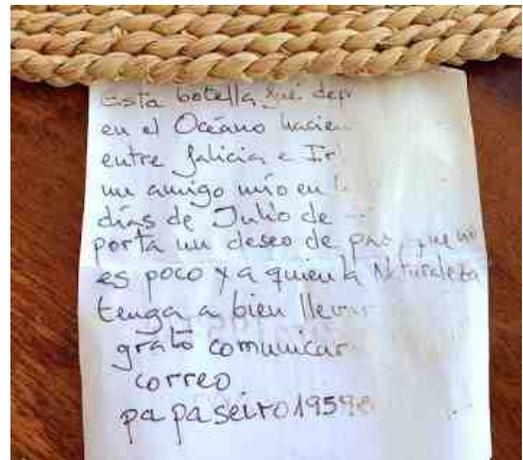


In July of 2016, the family of an elderly, dying man, decided to honour him by tossing into the ocean, one of his beautiful creations - a hand made ship in a bottle, with a message. Known as Uncle Mora, the hard working man made over two thousand of these, from recycled bits and things that he had around the house over the course of this 50 year hobby. Never wanting to draw much attention to himself, his bottles were shared with family and the people nearest to him. When a sailor friend was leaving Spain to return to Cork, Ireland, the opportunity to expedite the family's wishes came true. On July 8, 2016 at 21:13 in the Bay of Biscay, the bottle was launched.



In November of 2017, two Canadians were walking on a quiet, rocky beach of Nevis, following the destruction of Hurricanes Irma & Jose when they stumbled upon the bottle. Having walked miles of beaches on Canada's west coast all the way to the south pacific, always on the look out for some sort of treasure, they brought the bottle home to admire. It had barnacles growing on it, but was in remarkably good condition, and made a great conversation piece.

It wasn't until April 6, 2018, while enjoying the evening with a neighbour, that upon closer look, and exclamation by that friend, that the small tube stuck on the inside of the cork, was discovered to contain a message.



Translation: "This bottle was dep... (deposited?) in the ocean heading ...between Galicia and Ire ...(Ireland?) ... my dear friend in July of ... and carries wishes for peace, which is not to be undervalued, to whomever Nature carries this please communicate ...mail papaseiro19598"

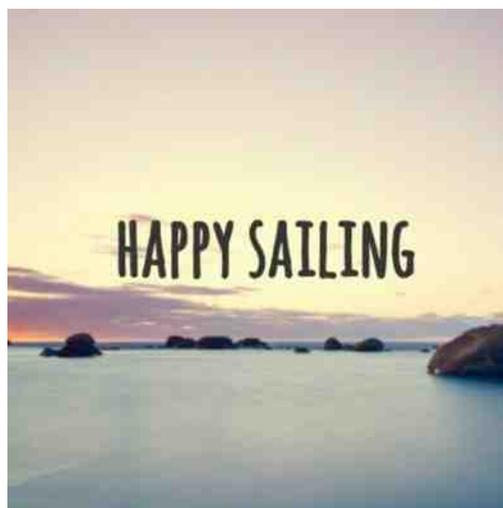
Not knowing how long the bottle had been at sea, or whether the email address was still current, they sent a number of emails to the possible address variations that they could make out, stating "We found your boat in a bottle, on the Island of Nevis, in the Caribbean, November 2017.

What a treasure! Would love to know more," signed Carole Reesor.

A week later, an email was returned, written in English from a woman living in Spain: Susan Foulds and her partner Eduardo, the nephew of Uncle Mora, had launched the bottle, via their friend Paddy, enroute to Ireland. Susan confessed having 'creeped' Carole Reesor on Facebook, and wondered if this was the same one who lived in Montreal, as she herself, was also a Canadian! She had moved to Spain in 1992, from a small Ontario town, called Stouffville and wondered if Carole knew any of the Reesor's from that area. Although Carole has never lived in Stouffville, she does have family roots there. What a small world!

There have been numerous emails back and forth since, and the plot thickens each time: Susan went to school with Carole's (and Annette's) cousins. Susan's niece has a summer job working at Reesor's Farm Market, and..... Susan's sister is a yoga student of Ellen Reesor - the instructor who brought yoga back to FBYC a couple of years ago. This is less than six degrees of separation.... not to mention what is the likelihood of a bottle making it's way across the Atlantic, to the south Caribbean to be discovered?!?

Fair winds
Annette



News, Views, Requests

Membership

Please note that we have new members night on Friday June 1st at 6:30 pm, It would be nice if the existing members attended to welcome the new members.

It would also be appreciated if you could bring some snacks to share.

Thank you

- Louie Skretas

Spread the Word

The club is looking for new members so if you know of anyone who might be interested in joining FBYC, try and encourage them to contact Louis Skretas for membership information.

Artfest on the Esplanade

Saturday, May 26 (11 am to 5 pm)

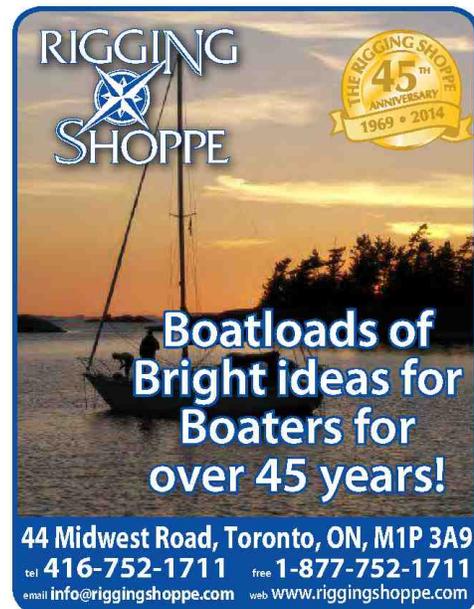
Check out the new Arts Studio at the Pickering Recreation Complex which opened on April 16.

Whitevale Spring Festival

Saturday, May 26 (10 am to 5 pm)

Ontario Sailing Annual Conference

Saturday, December 1, 2018



The advertisement features a sunset background with a sailboat on the water. The text 'RIGGING SHOPPE' is at the top left, with a compass rose logo. A gold circular badge on the top right says 'THE RIGGING SHOPPE 45th ANNIVERSARY 1969 • 2014'. The main text reads 'Boatloads of Bright ideas for Boaters for over 45 years!'. At the bottom, contact information is provided: '44 Midwest Road, Toronto, ON, M1P 3A9', 'tel 416-752-1711 free 1-877-752-1711', 'email info@riggingshoppe.com web www.riggingshoppe.com'.

From the Commodore!



Greetings FBYC!

Another exciting spring - From never before seen water levels last year to 80+ knots of wind in the bay wreaking havoc on trees and shingles around the neighbourhood, not to mention testing the limits of dock lines and fenders at the club – It seems that there is no shortage of stories to tell every spring.

The good news is more and more boats are making their way into slips, masts are being stepped and the club is starting to come alive with race nights and the smell of chilli permeating from the flag room. Speaking of masts – With Sailpast only a couple of weeks away we ask that you please find the time to step your mast as we will be removing mast racks in preparation for the final touches to the grounds before the big day. The unofficial start to our sailing season is right around the corner and I know Mark Chin has promised great weather, fair winds, a fantastic meal prepared by Chef Izzy and a night to remember. From what I hear you are not going to want to miss this! – New members night also the night before Sailpast and I encourage everyone to come out and support this great evening. I can't think of a better way to welcome our newest members to the FBYC family.

As you can see - our membership has been hard at work with various work parties putting our club back together after our East Wall construction and some other unexpected maintenance issues. There has been tremendous support from many members digging trenches, pulling stone, laying sand etc. Thank you all for your contributions. A big thank you to Laurie Trewartha, Chris Smith, Mike Brett and anyone else I've missed who put in the time and energy ensuring our electricity will remain online for many years to come – The finished product looks fantastic and we cannot thank you enough. Water is another project that required more than turning a value and Louie Skretas was the man for the job!

Some of you may have also noticed our new eavestrough on the west side of the club – We were having some issues with small leaks getting behind the siding, rotting some sheathing and dripping inside the bar – this has now been remedied with the help of Mark Chin, John Redman, Tony Villani & others and I'm happy to report we are bone dry.

It's projects like the ones mentioned above that remind us how truly important a self-help club is and the impact that our collective membership can have on getting things done without breaking the bank.

Looking forward to seeing you all at the club in the coming weeks - As always, if you have any thoughts, feedback or ideas you would like to share – Feel free to drop me a line at commodore@fbyc.ca

Cheers to another season!

- Samuel

Vice Commodore's Report

Hi Everyone, it is always exciting this time of year as we busy ourselves with boat launching and stepping mast and getting our boats and the club ready for the sailing season. We sometimes often forget the ones who over the winter months who have worked really hard to get the club ready for the season. So, I would like to thank everyone who has participated in some or all the work parties and those who have helped out on their own with projects not related to the work parties to get the club looking as good as it does today.

I would like to especially thank the leaders of these work parties for the major jobs that were undertaken over the winter and early spring months. They are Greg Greason, Glen Dickson, Chris Smith, Alan MacDonald, Nick Costar, Mike Brett and Laurie Trewartha thanks you for jobs well done and forgive me if I forgot someone so thank you.

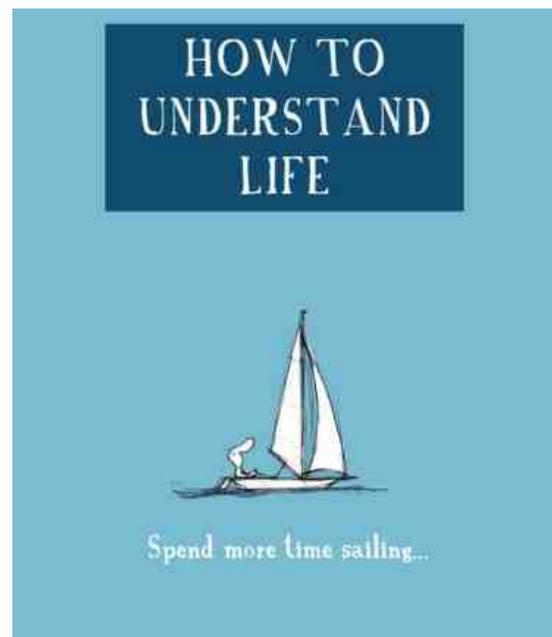
The next major events that are upcoming are new members night on June 1st and Sail Past ceremony and celebration on June 2nd. This is the official opening of the season that usually includes the presence of the Mayor and his councilors, MP and MPP and a Reverend to Bless the club and fleet. Needless to say that there are a lot of preparations being made to make this day a special and memorable one.

With this in mind the main concern that I have is that mast racks need to be emptied and removed so if you have your boat in the water please plan to step you mast in the next week. Traditionally I have found that other club members are always willing to help to step my mast so please don't be afraid to ask. Also empty trailers need to be removed by next week as well because will be a premium on that day. Dinner tickets are also for sale so please order your tickets now as we do have a limited number that we can accommodate.

Looking forward in seeing everyone at the club and hope that this season is an enjoyable one for all.

Once again thank you for your help in making FBYC the Best and Friendliest Club on the Lake.

- Mark



Cruising Notes

Well the Cruising season has finally arrived with a shake-down reciprocal cruise heading to Whitby for the Victoria Day Weekend. Our club cruises have become increasingly popular over the last few years. The sign-up sheets are nearly full for the remainder of the season. With this popularity, also comes the need to tighten the “etiquette” around cruises. Here are some operating principles for this season.

1. The Cruise sign-up sheet will be frozen at Monday noon prior to the cruise. If you know you cannot make it please take cross your name off the list before that time so another member on the wait list can attend.
2. There is always going to be last minute cancellations. The decision to leave the dock is that of the skipper and crew. Weather and the sea state can change quickly. However, there were a number of times last year, when it was easily foreseeable that a member would not be participating in a cruise that they had signed up for. For example—a cottage rental or another engagement booked weeks before by a spouse. If your engine is not working the week before and you don't have plans to work on it, chances are it is not going to be working the morning of the cruise. So in deference to your fellow members, please communicate and confirm with your spouse the cruise dates you have signed up for. As soon as you know that you are unable to attend a cruise, please cross your name off the list at the club or if you are not able to get to the club, please e-mail me at mike.brajac@gmail.com. I can then let a member on the wait list know so they can make plans for the weekend.
3. The Cobourg Canada Day Cruise was booked March 1. Cobourg has said they are able to accommodate everyone that signed up (over 20 boats!). If you decide over the next few weeks that you wish to join the fun, drop me a quick e-mail or phone call first and I will let you know if I have had any cancellations where I can substitute you. If not, I will advise you to contact the Marina directly and see what they can do for you. Similarly with the Island Yacht Club Cruise for Labour Day, although I have not heard back yet from IYC confirming this cruise.
4. Depending on the size of the incoming cruise, we may or may not add an extra DO to assist in the docking of our visitor boats. Check the cruise schedule if you are DO for a weekend cruise and you think you need help, please let myself or Mark Chin know and we will endeavour to get an additional DO. Speaking of DO, it is important any time to show up for your shift or to make alternate arrangements. It is particularly important to have a DO during an incoming cruise. Last year we had a DO miss a shift on an incoming cruise weekend and we had to rely on the usual members that step in to help anytime on anything to bail us out. I will try to touch base with the DO on a cruise weekend at least a week before the cruise as an additional reminder and to discuss if help will be needed.

Enough said, see you on the water and enjoy the season ahead!

- Mike Brajac

Health and Safety

Cold Water Immersion

Many drownings and boating related fatalities are a result of cold water immersion. When a person falls into cold water, their body experiences a number of physiological responses which are affected by both the temperature of the water and the amount of time they are in the water. If a person overboard does end up in cold water, it is important to find a way to get them out of the water as soon as possible using whatever means available.

While wearing a PFD or lifejackets, some positions can help persons overboard to survive longer when immersed in cold water.

- If alone, adopt a fetal position by crossing arms tightly against the chest and by drawing the knees up close to the chest.
- If alone, climb onto a nearby floating object to get as much of the body out of or above the water.
- If in a group, huddle with other persons by getting the sides of everyone's chests close together, with arms around mid-lower back and legs intertwined.

Stages and Effects

Initial Immersion: The body's initial reaction is a *gasp reflex* which can include hyperventilation and muscle spasms. This initial reaction is known as *cold water shock* and can result in water inhalation as well as significant changes in heart rate and blood pressure. These symptoms are present for the first two or three minutes of immersion into cold water that is 15C or below. Try not to panic, focus on your breathing and try to take slow, deep breaths.

Short-term Immersion: In cold water, you may begin to experience the loss of basic motor skills after only a few minutes. Between 10 and 30 minutes after immersion a person's hands quickly lose strength and sensation and subsequently their ability to swim. Always wear a PFD when around cold water, and try to get your body out of the water as quickly as possible

Longer-Term Immersion: Following thirty minutes or more of immersion, hypothermia will begin to set in. Without intervention, the overboard person's overall body temperature will continue to drop until it reaches the temperature of the water.

Club Steward

A lot of activity around the Club these days! It is refreshing to see the slips filling up and preparation for a great boating season!

Hope to see everyone at New Member's Night, hosted by Louie Skretas, on Friday, June 1st. The bar will open at 7:00 P.M. in the Flag Room. The details regarding Sailpast on, June 2nd will be announced by Mark Chin, Vice Commodore. This will be a great weekend.

I've heard rumours that Isabella Zeeb will be again providing Friday Night Dinners! Keep an eye out for further information.

SUMMER HOURS

Kayleen Mertz will be returning again this summer to assist me with the bar tending hours during the sailing season. Please take the time to welcome her back. We will be sharing the hours but not to worry we will be open every weekend through until the end of September.

Beginning - Saturday, June 9th we will commence the summer weekend hours. Every Saturday, Sunday and Holiday Monday we will have hours from 3:00 P.M. to 7:00 P.M. Bar service will be from the Regatta Room.

Come out and have some good conversation and possibly some boating tales to tell.

**Please keep in mind no personal beer or liquor is permitted within the licenced area. Only alcoholic beverages purchased at the bar are permitted. This is a rule under the AGCO that we must follow under our licence.

RECYCLING

Please do not put garbage in the recycling bins. Garbage belongs in the green bin - Waste Management container. No plastic bags. They are not recyclable. Try to keep cans and cardboard in separate bins.

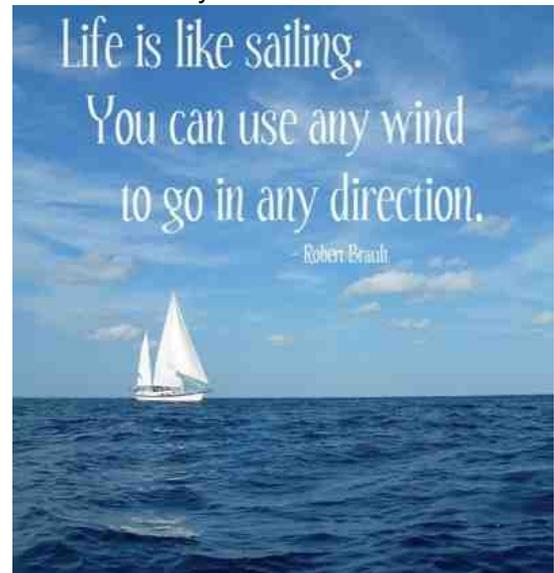
RENTAL OF FLAG ROOM

Be mindful of the calendar noting any Private Parties. When the Flag Room is rented out the kitchen is also included for the convenience of the party. Use of barbeques and patio etc. is definitely yours to assemble your dinner, etc.

Looking forward to a great season. Happy Boating!

Cheers!

- Maureen Tutty



Easy Recipes for Sailors

Stuffed Jalapenos

- 8 large fresh jalapenos, sliced in half, membrane removed (leave some for heat if you want)
- 1 package Cream cheese
- 4 pieces bacon, cut in half
- Toothpicks
- Disposable gloves are recommended when handling the jalapenos.

- Cut jalapenos in half and remove seeds & membrane.
- Stuff cheese into peppers.
- Wrap bacon around jalapeno and secure with a toothpick.
- Bake for 25 to 30 minutes in a 400° oven till bacon is crisp and golden brown.

Crab and cream cheese brick

- 1 brick cream cheese
- 1 bottle cocktail sauce
- 1 can crab meat
- Assorted crackers

Place cream cheese on a plate, pour cocktail sauce over cream cheese, then put crab meat on top.
Surround with crackers.



A Little Humour

What do you call the fastest sailboat in the world?

- *Usain Boat.*

Why did the sailing instructor jump into the water?

- *She wanted to test the water!*

How do you make a yacht look younger?

- *Boat-Tox.*

What do you call a competitive sailor who just broke up with his girlfriend?

- *Homeless*

What do you call a boat that refuses to be Full of Seamen?

- *Censor-Ship.*

What detergent do sailors use?

- *Tide!*

What does a drunk sailboat do?

- *Get Wrecked.*

How do you make a boat feel better?

- *Give it some "Vitamin Sea".*

Where do ghosts like to go sailing?

- *Lake Eerie*

What do you do with a sick boat?

- *Take it to the doc.*

Where do zombies like to go sailing?

- *The Dead Sea*

What do you call a yacht that can't hold its liquor?

- *Tipsy.*

What do a dentist and a rowing coach have in common?

- *They both use drills!*

How do people sailing in the ocean say HI to each other?

- *They Wave!*

What do you call a pirate that skips class?

- *Captain Hooky!*

A very nervous first time crew member says to the skipper, "Do yachts like this sink very often?"

"Not too often," replied the skipper.

"Usually it's only the once."

As a result of a near mutiny the overbearing and arrogant captain was forced to see a psychiatrist by order of the commodore.

As soon as the captain became comfortable on the couch, the psychiatrist began the session by asking the captain, "Why don't you start at the beginning?" The captain said, " Okay. In the beginning I created heaven and the earth

Upcoming Events

Social Events

Every Friday Night (7:00 pm) - Pub Nights
in the Regatta Room

Friday, June 1 (6:30 pm)
- New Members Night

Saturday, June 2
- Sailpast

Club Business

Monday, May 28 (2000-)
- General Meeting

Monday, June 11 (1900-)
- Board Meeting

Yoga

Tuesday Nights (1930-2100)

Racing

Saturday, May 26
- Double Handed Race

Wednesday Nights
- Summer series starts June 13

Saturday, June 9
- Single Handed Race

Cruising

Saturday, June 30
- Cobourg Cruise Weekend

Upcoming Duty Officer Shifts

Just as a reminder to members who still have duty hours for this season, the following is the published schedule for the coming weeks.

This is the *original* schedule from the spring and does NOT include any changes and substitutions members may have made since it was originally published.

24-May-18	Red	Haramis, Tina
25-May-18	Red	Haramis, Tina
26-May-18	Green	Vanderkuur, George
26-May-18	Red	Cane, Donald
27-May-18	Green	Bow man, Mark
27-May-18	Red	Bow man, Mark
28-May-18	Red	Kelly, John
29-May-18	Red	Vanderkuur, George
30-May-18	Red	Brajac, Michael
31-May-18	Red	Thompson, Miles
01-Jun-18	Red	Campbell, Peter
02-Jun-18	Green	Taylor, Danny
02-Jun-18	Red	Steiner, Jeff
03-Jun-18	Green	Castle, Craig
03-Jun-18	Red	Zeeb, Karl
04-Jun-18	Red	Wysocki, David
05-Jun-18	Red	Villani, Tony
06-Jun-18	Red	Brazier, Jim
07-Jun-18	Red	Watson, Chuck
08-Jun-18	Red	Wiseman, Marcus
09-Jun-18	Green	Coons, Bill
09-Jun-18	Red	Hughes, Brent
10-Jun-18	Green	Stephen, Bruce
10-Jun-18	Red	Gibson, Bruce
11-Jun-18	Red	Smith, Brad
12-Jun-18	Red	MacKimmie, Ian
13-Jun-18	Red	McLean, Al
14-Jun-18	Red	May-Kim, Karen

15-Jun-18	Red	Alexander, David
16-Jun-18	Green	Stobie, Bob
16-Jun-18	Red	Fertile, John
17-Jun-18	Green	O'Donnell, Byron
17-Jun-18	Red	Lucas, Byron
18-Jun-18	Red	Schulz, Roger
19-Jun-18	Red	Hess, Robert
20-Jun-18	Red	Costar, Nick
21-Jun-18	Red	Gillmeister, Heinz
22-Jun-18	Red	Hamel, Richard (Woody)
23-Jun-18	Green	Lucas, Byron
23-Jun-18	Red	Carlaw, Richard
24-Jun-18	Green	Zeeb, Karl
24-Jun-18	Red	Lalonde, Rick
25-Jun-18	Red	Hastings, Cameron
26-Jun-18	Red	Smith, Christopher (Chris)
27-Jun-18	Red	Skretas, Louie
28-Jun-18	Red	Robinson, Stuart
29-Jun-18	Red	Wolfel, Fred
30-Jun-18	Green	Hammond, Steve
30-Jun-18	Red	MacKimmie, Ian

Greek Sailing Vacations with Louie

Sail the Greek Islands

Secondwindsailingadventures.com



Sailbikehike@gmail.com

2018

GREECE AUG 18 - SEPT 1

GREECE SEPT 1 - SEPT 15

2019

CROATIA AUG 16 - AUG 30

GREECE SEPT 1 - SEPT 15

VESSEL

2018 BAVARIA 51

5 CABINS 3 HEADS

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Sail Past Dinner Tickets

A choice of pork ribs or grilled chicken breast or stuffed bell peppers



The sides will include a mixed bean and grain salad, baked potatoes, a mixed green salad with strawberries, and a cucumber salad with a creamy dill dressing. For kids hot dogs plus sides.

For dessert, vanilla sponge cake, strawberry and rhubarb compote and a sweetened whipped cream

The sides and dessert may be substituted depending on what is in season at the time but for now this is what Chef Isabella is planning on preparing.

Cost Adult \$20 and kids \$10

**For Ticket Please contact Mark or Shernaz chin
vice@fbyc.ca or text 416-281-4111**