



SAILPAST

Swimsuit Edition

July, 2017



More on swimsuits inside.....

And So the Cruising Season Begins!



Cobourg Harbour, Canada Day

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If you have not yet received your 2017 club membership card, please note that they are available for pickup at the downstairs bar.

A Big Thank You!

The club would like to thank the Welchs and Floods for donating 2 more comfortable chairs for the lawn. They will be provided in memory of Lori Robinson.

In addition money from the pop machine has provided 2 more red adirondack chairs, so in addition to the 2 the Welchs donated last year – you, your spouse, two friends, one child and Phil can all sit together comfortable and watch the geese crap on our lawns.

Thanks for your generosity!

- Peter Chalkley

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Swimsuits

In classical antiquity swimming and bathing were done naked. There are Roman murals which show women playing sports and exercising wearing two-piece suits covering the areas around their breasts and hips in a fashion remarkably similar to the present-day bikini. However, there is no evidence that they were used for swimming. All classical pictures of swimming show nude swimmers.

In various cultural traditions one swims, if not in the nude, in a version in suitable material of a garment or undergarment commonly worn on land, e.g. a loincloth such as the Japanese man's fundoshi. In the United Kingdom until the mid-19th century there was no law against nude swimming, and each town was free to make its own laws.

In rivers, lakes, streams and the sea men swam in the nude, where the practice was common. Those who didn't swim in the nude, stripped to their underwear. The English practice of men swimming in the nude was banned in the United Kingdom in 1860. Drawers, or caleçons as they were called, came into use in the 1860s. Even then there were many who protested against them and wanted to remain in the nude.

Female bathing costumes were derived from those worn at Bath and other spas. It would appear that until the 1670s nude female bathing in the spas was the norm and that after that time women bathed clothed.

In the 18th century women wore "bathing gowns" in the water; these were long dresses of fabrics that would not become transparent when wet, with weights sewn into the hems so that they would not rise up in the water. The men's swim suit, a rather form-fitting wool garment with long

sleeves and legs similar to long underwear, was developed and would change little for a century.

In the 19th century, the woman's double suit was common, comprising a gown from shoulder to knees plus a set of trousers with leggings going down to the ankles.

In the Victorian era, popular beach resorts were commonly equipped with bathing machines designed to avoid the exposure of people in swimsuits, especially to people of the opposite sex.

20th century

In 1907, the swimmer Annette Kellerman from Australia visited the United States as an "underwater ballerina", a version of synchronized swimming involving diving into glass tanks. She was arrested for indecent exposure because her swimsuit showed arms, legs and the neck. Kellerman changed the suit to have long arms and legs and a collar, still keeping the close fit that revealed the shapes underneath. She later starred in several movies, including one about her life. She marketed a line of bathing suits and her style of one-piece suits came to be known as "the Annette Kellerman". The Annette Kellerman was considered the most offensive style of swimsuit in the 1920s and became the focus of censorship efforts.

Despite opposition from some groups, the form-fitting style proved popular. It was not long before swimwear started to shrink further. At first arms were exposed and then legs up to mid-thigh. Necklines receded from around the neck down to around the top of the bosom. The development of new fabrics allowed for new varieties of more comfortable and practical swimwear.

The first bikinis appeared just after World War II. Early examples were not very different from the women's two pieces common since the 1920s, except that they had a gap below the breast line allowing for a section of bare midriff. They were named after Bikini Atoll, the site of several nuclear weapons tests, for their supposed explosive effect on the viewer.

Through the 1950s, it was thought proper for the lower part of the bikini to come up high enough to cover the navel. From the 1960s on, the bikini shrank in all directions until it sometimes covered little more than the nipples and genitalia, although less revealing models giving more support to the breasts, remained popular. At the same time, fashion designer Rudi Gernreich introduced the monokini, a topless suit for women consisting of a modest bottom supported by two thin straps. Although not a commercial success, the suit opened eyes to new design possibilities. In the 1980s the thong or "tanga" came out of Brazil, said to have been inspired by traditional garments of native tribes in the Amazon.

Men's swimsuits developed roughly in parallel to women's during this period, with the shorts covering progressively less. Eventually racing-style "speedo" suits became popular—and not just for their speed advantages. Thongs, G-strings, and bikini style suits are also worn. But in the 1990s, longer and baggier shorts became popular, with the hems often reaching to the knees. Often called boardshorts and swim trunks, these were often worn lower on the hips than regular shorts.

In western culture, men's swimsuit styles include boardshorts, jammers, swim trunks, briefs or "speedos", thongs, and g-strings, in order of decreasing lower body coverage, and Women's swimsuits include one-piece, bikinis, or thongs.

While they go through many trends in pattern, length and cut there is not much modification to the original variety of suit. A recent innovation is the burqini, favored by some Muslim women, which covers the whole body and head (but not face) in a manner similar to a diver's wetsuit. These are an updated version of full-body swimwear, which has been available for centuries, but conforms with Islam's traditional emphasis on modest dress. In Egypt, the term "Sharia swimsuit" is used to describe full-body swimwear.



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Commodore's Report

The gulls are gone! Will this season never stop throwing things at us? After a week or so of gull poo hell, they look to have moved on.

Water levels continue to recede, rather dramatically over the past week. We are working feverishly to get power back to B and C docks, but it is proving more challenging than we hoped for. The cables are full of water and need to be dried first, then have to be elevated above ground so that there cannot be any possibility of any voltage leak into the water. We also need to lift the low section of C dock by Fleur De Lis to get the cables out of the water to drain them.

A dock will actually prove to be the simplest to restore power to, it'll just take longer as it's the most submerged.

So, the word is 'soon'. And, by the end of the season, the junction boxes will all be high enough that this won't be a problem going forward.

Other clubs should also soon be returning to normal operations, so hopefully the cruising season may actually happen in a condensed form. Watch for a flurry of activity both in and out of FBYC in August. The Commodore's Cruise will have just been completed when you read this, and thankfully we scheduled it at a club that has floating docks and functional shore power!

Peter Brannan, a former member and past editor of Sailpast passed away recently, and his family will be holding his celebration of life at the club on Sunday July 23rd, from 2-5. Peter always had a love for our club, and the family feels it is the best place to hold his farewell celebration. We couldn't agree more. Those wishing to attend should RSVP to

Debbie or David Brannan at
dbrannan09@gmail.com.

The nominating committee will soon be making their annual rounds to start filling positions for next years Board. If approached, please take some time and consider. I can now speak from experience. It's a lot of work. But it's also very rewarding.

I'll keep it short this month. Enjoy the summer.

- Glen Dickson

Fleet Report

Racing continues at FBYC even without power at the docks. Check online for results. On July 7 and overnight to the 8th, FBYC hosted the second race in the TELDS. Five boats participated, three from FBYC and two from WYC.

Shortly after the start of the race, it was reported by See the Wind that it was gusting to 65 knots. They could certainly feel and see the effects of the wind. Three boats finished. Congratulations to Razorbill-1st, Untamed-2nd, and See the Wind-3rd. Detailed results are on the website for Singer Race.



Crossing the Start Line!



After the Storm Passed!

Regatta is coming soon – Aug 12-13. Marks racing on Saturday and a medium distance race on Sunday. You may participate on either or both days. Tickets will be available soon for the Saturday night dinner and live band.

Racing Rules - A Test

What RRS numbers apply to the following situation on the race course?

Boat B has just overtaken boat A on the windward side. They are still overlapped as they approach the starboard (windward) end of the finish line. Boat A is not happy about being passed to windward and thus, as the leeward boat, gently steers upwind forcing boat B outside the finish line. Were the rules followed? If not, which one(s) were broken?

Cruise Committee

The Cobourg Canada Cruise was enjoyed by all according to reports and the many Facebook Posts.

Due to the conditions this year and the fact that the water is going down much slower than expected, each cruise will be finalized two weeks before the event.

Island Yacht Club has told me that they will not be able to accommodate a single visiting boater for the remainder of the season. Their fixed docks are still under water and their own members have been moved to the floating docks.

I will be checking with Toronto Sailing/Canoe Club concerning our August 1 cruise for a limited number of small boats. Check your e-mail and the event board at the club for updates.

- Mike Brajac

Cobourg Cruise - Canada Day



Canada Day Celebrations on the Pier



A Tranquil Night!



Obviously its Party Central on Sedona!



One Lonely Catalina 34

Commodore's Cruise - Mimico



Dinner's Almost Ready



The Clubhouse



We're all Here!



The Commodore Reflects!



The Entertainers!



Sedona - On its Way In!



Harbour Entrance - Looking Out to the Lake!



Stuart and Chris

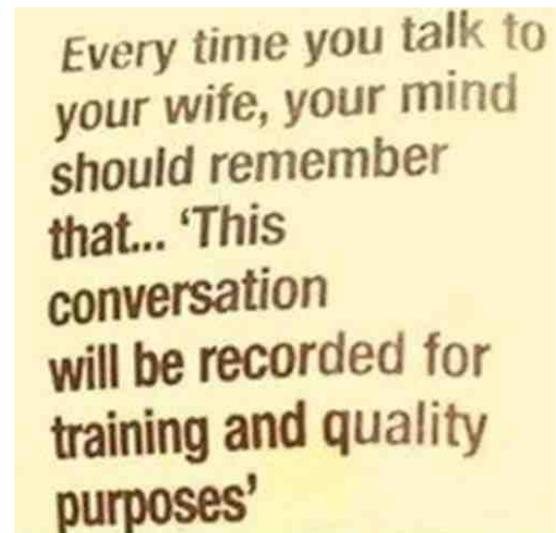
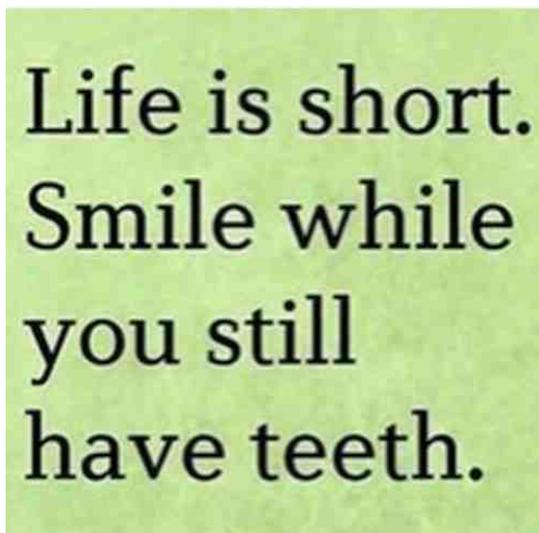
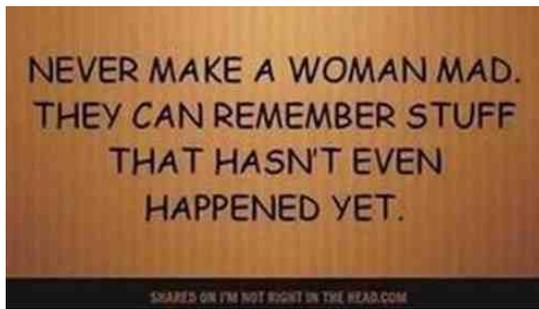


Our Young Cruisers!

Sunset Cruise - June 24



A Little Humour



“Be decisive. Right or wrong, make a decision. The road of life is paved with flat squirrels who couldn’t make a decision.”

~Unknown~

**IF A WOMAN SAYS
"FIRST OF ALL."
DURING AN ARGUMENT
RUN AWAY, BECAUSE
SHE HAS PREPARED
RESEARCH, DATA, CHARTS,
AND WILL DESTROY YOU.**

A wise man once said
nothing.

Recipes for Home and Boat

Muffin Tin Breakfast

- 1 can (15 ounces) corned beef hash
- 6 eggs
- Salt and pepper to taste
- 1 package (8-1/2 ounces) corn bread/muffin mix

- Preheat oven to 400°.
- Grease a 12-cup muffin pan.
- Divide hash into six of the cups; press onto the bottom and up the sides to form a shell.
- Break an egg into each shell; season with salt and pepper.
- Mix muffins according to package directions.
- Spoon batter into the other six cups.
- Bake 15-20 minutes or until muffins are golden brown and eggs are set.

Sliders

- 1 1/2 pounds hamburger
- 1 package Lipton onion soup mix
- 1 tablespoon peanut butter (yes, peanut butter.. trust me)
- 1/2 cup milk
- 1 onion, finely chopped
- 1 dozen Sara Lee Classic Dinner Rolls (or the really soft small-sized dinner rolls from the bakery), sliced in half
- 12 cheese slices

- In a large bowl mix the hamburger, Lipton onion soup mix, peanut butter, and milk.
- Spread the meat mixture on a cookie sheet. Use a rolling pin to roll over the meat to smooth it out.
- Bake at 350 degrees for about 10 minutes. The meat will shrink.
- Take it out of the oven and put the diced onions all around the edges, this will give the meat a great flavor.
- Bake for 15 more minutes, remove from oven, then spoon the onions from the edges all over the top of the meat and layer with cheese slices.
- Bake another 7-10 minutes (until cheese is melted).
- Then add the tops of your rolls (the bottom part of the rolls will just sit on the counter) and place back in the oven for about 5 more minutes.
- Take it out of the oven. Slice the meat with a pizza cutter and pick up the slider/top bun with a spatula and set it on the bottom bun.



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