



SAILPAST



July, 2018

Friday Night Dinners in Full Force!



The First Dinner Ensemble



The Chef and Her Assistants!



Come and Enjoy - Every Friday Night!

Sailpast is a monthly publication of the Frenchman's Bay Yacht Club.

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Frenchman's Bay Yacht Club

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1/2 Page - \$155.30 per annum for 12 issues.

Full Page - \$215.05 per annum for 12 issues.

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Contact the Editor for graphic and content
requirements.

Reminders

Reminder

Regatta

August 10/11/12

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Printed: July 2018 in Pickering, Ontario.

Commodore's Report



Greetings FBYC,

The summer season is finally upon us and the weather has been on fire – Not only are we getting hot weather but also the winds have been quite active for this time of the year – I must say, I love it.

Our club cruises are also under way and a special shout out goes out to Michael Brajac for arranging such a great cruising schedule – Cobourg was a blast with over 10 boats making their way there for the Canada Day festivities – The beach, the parade, the carnival and the fireworks all made it a memorable weekend. It's great to see many of our FBYC family continuing their cruising journey into the Thousand Islands – I must admit – I'm living vicariously through each of your pictures on social media.

Not much to report in terms of your board or committees as usual the summer is somewhat quiet although there have been no shortage of interesting conversations over the last few weeks which does keep the job interesting.

Believe it or not – It's also that time of year we start to think about board nominees for the following year – If you have an interest in giving back to the club in a different way by serving as a committee chair or board member – Feel free to reach out to any of the existing board for more information on how you can give back to this great club.

With that, I will wrap it up here - I look forward to seeing each of you around the club in the coming weeks. As always, feel free to drop me a line at Commodore@fbyc.ca with any questions, concerns, comments or complaints. Let's keep the feedback coming, as this is one of the best ways to improve our club for everyone.

Cheers,

Public Relations

On June 25, Pickering City Council unanimously passed a motion to amend their 2019 Capital budget to include the needed improvements to the sewer outfall adjacent to our mast crane and service dock.

This decision should provide for significant co-ordination of material and equipment needed to rebuild our deteriorating south wall. Out thanks to our councilor Maurice Bremner and our Harbour Master, Greg Greason, for their considerable hard work and the excellent presentation to Council by Greg, to bring this issue forward. More on this project later.

The annoying and for some, expensive road sewer project in front of our entrance gate should have been finished some time ago. I am advised that the contractor has had trouble obtaining needed parts for this project but should be able to complete it very soon.

Thanks to Ian at the marina, we now have an easily accessible dinghy dock for our members and visitors. Its at the east end of their south dock, just past the dragon boats and adjacent to the travel lift. At the moment it is marked with club burgees at dinghy height. Enjoy!

- Ed Fulton

"More Than a Regatta" Regatta!

Mark your calendars for the big party Saturday August 11 as well at the social on the Friday and the long distance race on the Sunday.

We have booked a premium band for the Saturday early evening and our own Stuart will provide music between sets and after the bands last set. The band is a 4 piece band with sax and female vocal, so more than a rock band.

Dinner by Izzy, chicken kabobs along with an orzo salad and a watermelon and arugula salad. And for dessert pineapple upside down cake with ice cream and a rum caramel sauce.

As we are putting some effort into the entertainment we would appreciate having lots of attendance and would encourage all to come and bring guests, family, neighbours. Also please invite people you know from other clubs. More details to follow.

- Tom Wood

Did You Know?

What is that tall wooden box?

The tall well crafted wooden box that sits by the west door was hand crafted by former member Cec Turner.

Cec, a long time member of FBYC and responsible for some of the structures you still see around FBYC. He was very talented man, a carpenter of fine furniture, an accountant, a pilot, a flying instructor and a musician. He proudly served with the navy during WW2. Cec was also a member of the legion who collected pop and beer can tabs which were sold and recycled. The monies collected went towards purchasing wheelchairs for people in need.

The tall wooden box is there for members to place the pull tabs from pop and beer cans. These tabs will now be taken to the Charles Best Centre which helps young people who suffer from type one diabetes. The Centre is named after Dr. Charles Best, a co-discoverer of life saving of insulin. The Charles Best Centre is located in Brooklin Ontario.

So remember remove that tab from your beer or pop can and deposit it in that tall wooden box a little effort on your part may make a difference.

- John Flood

Ontario Sailing

The Ontario Summer Games 2018 takes place at Fanshawe Yacht Club from August 2 - 4, 2018.

Sailing continues to be a core sport in the Ontario Summer Games. Games are great events to participate in as an athlete and a coach. Athletes stay as a team and the Games experience includes high level coaching from our Provincial Coaching Team, all food, accommodations (shared room with another sailing athlete), transportation to and from the residence and the Club.

Ontario Sailing is pleased to announce the FINAL list of athletes who have been nominated for Ontario Cards under the 2017-2018 Quest for Gold - Ontario Athlete Assistance Program (OAAP). The athletes nominated were selected using the sport specific selection criteria developed by Ontario Sailing, approved by its Board of Directors and applied by (the) Selection Committee.

<u>Athlete Name</u>	<u>Card Type/Alternate</u>
Shaylagh Erin Ley	Full Card - Paralympic
Peter Francis Eagar	Full Card - Paralympic
Clara Gravely	Full Card - Olympic
Hunter Dejean	Full Card - Olympic
Ellen Juhasz	Full Card - Olympic
Mariah Millen	Full Card - Olympic
Noah Collinson	Full Card - Olympic
James Juhasz	Full Card - Olympic
Norman Struthers	Full Card - Olympic
Liam Bruce	Full Card - Olympic
William Bonin	Half Card - Development
Galen Richardson	Half Card - Development
Samuel Bonin	Half Card - Development
Tate Howell	Half Card - Development

Cruising

Incoming Reciprocal Cruises

RCYC –weekend of July 28
 ABYC—August 4

Both cruises are expected to involve 15 or more boats. Please show our visitors your usual FBYC hospitality and friendliness.

If you are signed up for one of the cruises and can no longer attend, please cross your name off the list so one of the wait list members can take your spot.

Thanks to John Redman and Richard Greenhalgh who are working the arrangements for the RCYC cruise.

Island Yacht Club (Toronto) Labour Day Weekend Cruise.

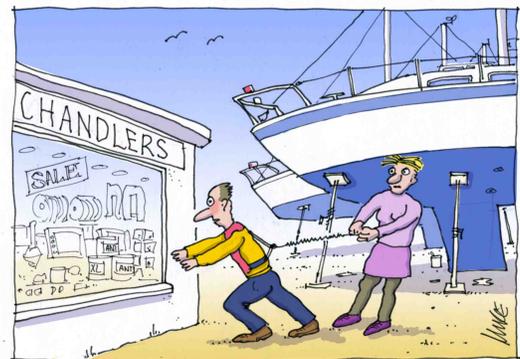
IYC has confirmed spots for those that have signed up. The cruise list will be reposted for cancellations. If you wish to attend and have not signed up, please sign up and I will attempt to get IYC to take all boats if they have slips available as the date approaches.

Cruising Award

Don't forget there will be two cruising awards this year for most ports visited.

Keep track of your visited ports in your logbook and submit a copy to me. Deadline is October 1.

There are a lot of boats out cruising now so it should be quite competitive.



Patty soon discovered the Lifejacket harness was the only option

Clanking Halyards!

Clank . . . clank . . . clank. The halyards were quiet earlier, but as the wind changed they're driving you nuts, particularly if you are trying to sleep. But if you're new, it can be equally frustrating to figure out how to stop the clanking.

First off, what seems like the obvious choice — tightening the halyards so there is no slack to clank — does not work. It just changes the pitch of the clank. There are numerous ways that work.....all involve getting the halyard far enough away from the mast that it can't bang against it. And note that if you have external halyards, both ends may need to be led away from the mast.

Bungee to Sidestays

Using bungee cords to pull halyards away from the mast is the fastest and easiest solution . . . if you have a bunch of bungee cords.

Simply slack the halyard a bit, hook the bungee on it and then hook the bungee on the sidestay. If it's too long to really pull the halyard off the mast, tie a knot in the bungee or wrap the bungee around the sidestay and hook it back on the halyard or on another halyard if there are two that need to be quieted.

Out in the sun, bungees will last anywhere from six months to a year. Note that mini bungee cords are great for many things on a boat, but aren't strong enough to keep halyards from clanking.

Alternative: In a pinch, you can do the same thing with a piece of line, but it takes longer to set up and longer to un-rig when you want to sail. Smaller line works better than heavier line.

Shroud Cleat

These are usually used for cleating off flag halyards, but often have an eye at the top that you can clip a halyard to. Tighten the halyard so that there is no slack to slap against the mast.

Hook Halyards to Handrails

If your halyards are long enough and you have handrails in the right spot, you can wrap the halyard around the handrail and clip it back to itself, then tighten the halyard to keep it off the mast.

Belaying Pin Rack

Sometimes, "classic" looking boats have a rack of belaying pins on the shrouds. These are perfect for attaching the halyards to! Depending on the halyard length, you can wrap them around the pins, just wrap around the bar and clip back on the halyard or make a loop from another line around the bar and clip the halyard to that. Again, tighten the halyard so there is no slack.

Be Kind to Your Neighbors

Even if you don't spend nights on your boat, be kind to your neighbors and silence your halyards. If you're not on your boat fulltime — or are leaving for a few days — you probably have one or two people that you've asked to "keep an eye" on your boat. Be sure that they know that it's okay to come aboard to quiet a clanking halyard should the need arise!

Back and Forth

In the second of many articles, Bob Stobie shares his flying experience on flights to and from Florida.

BACK AND FORTH TO FLORIDA BY CESSNA

October 2011

I had started a trend, and several other guys volunteered to go back and forth with Jack. As a result my next chance came five years later. This time we left on a cold and damp Monday. We had to hand prop the plane to get it started, which seemed a bad omen. We flew along the lake shore and cleared at Niagara Falls International. Leaving under overcast skies we next stopped at Morgantown WV to refuel. From there to Wadesboro NC to spend the night. Jack had noticed that they had a courtesy car, always useful.

The weather the next day was rather less than encouraging. There were two systems, one to the south and another approaching from the west to merge with the first. The Flight Service people suggested we leave right away, fly west for a while, and try to get between them. No luck, flying west it was as if someone had taken a ruler and drawn the northern boundary of the clouds. We heard on the radio places to the south had 100 foot ceilings and ½ mile visibility in fog. We landed at Greenville SC, north of the cloud layer, to consider our options. We were informed that the system extended down to the FL border, about three hours flying time away. The cloud tops were only about 2500 ASL and it was tempting to go VFR over the top, but a forced landing would have been a disaster.

Although it was still morning, we went and checked into a motel. The next day was fog and rain. We went to Walmart and bought some umbrellas and went to a movie. The Republican primary races were just beginning, and we watched the first debate Wednesday night. Finally Thursday was clear and off we went.

We were flying at 6500 ASL until we got close to Ocala, and after letting down to circuit altitude, with the carb heat on, the engine lost power. We barely made it to the runway. Sitting on a taxiway the engine seemed to recover, so that we taxied in to a tiedown spot and shut down. We rented a car and drove to Woods and Lakes leaving FINO there for the night. The next day we drove back with an AME friend of Jack's. There seemed to be some evidence that the flap diverting the intake air through the heater muff had not been closing fully, reducing the effectiveness of the carb heat. The plane seemed to run fine, and after doing a couple of circuits Jack flew it back to Woods and Lakes.

It was interesting to hear Jack's Republican neighbors debating the merits of the different candidates, but the consensus seemed to be that they would have to hold their noses and vote for Mitch Romney. We flew back from Orlando, turning the car in there. I suggested to Jack that we could save money by taking public transit back from Pearson. Unfortunately I had little experience with York Region Transit. We left Orlando about 1:30, arrived at Pearson at 4:30, and reached Jack's place (where I had left my car) at 9:30.

Easy Recipes for Sailors

Parmesan toast

- 3/4 cup mayonnaise
- 1/3 cup Parmesan cheese, shredded
- 6 slices hearty bread - cut into 1" pieces

1. Combine mayo & Parmesan cheese in a small bowl.
2. Mix well.
3. When ready to use, spread evenly over the bread slices.
4. Toast until lightly brown and crisp around the edges.

Sailors Bread

This recipe comes from the traditional Genoese cuisine, and thanks to past commercial trade with the Ligurians it was probably copied and then adapted to the Elba taste and style.

Although the dough is dry and unleavened, it contains a lot of dried fruit and sugar so has a high energy content and keeps for a long time. In the past it was given to the sailors or the fishermen who had to go without fresh foods for long periods. Today it is considered a sweet bread, and is often served as a dessert along with a good Elba Aleatico DOCG wine.

In 2015, both this bread and the "schiaccia briaca" from Rio were chosen as part of the project entitled "Bread, mind and heart: excellent food products of women who started the firm", a way of representing Tuscan women managers in the province of Livorno at the Artusiana Festival.

- 300g of "00" type flour,
 - 100 g of butter,
 - 120 g of sugar,
 - 2 eggs,
 - small sachet of baking powder,
 - diced orange, pine nuts, honey, lime, sultanas, grated lemon rind,
 - pinch of salt,
 - milk.
- Mix flour with baking powder, sugar and salt, and knead, then add the softened butter and beaten eggs.
 - Add the diced orange, pine nuts, lime, the sultanas soaked in water and drained, a little honey and some grated lemon rind.
 - Depending on how damp or dry the weather is, you may need to add extra flour or extra milk if the dough is sticky or too dry
 - Divide into small balls and put far apart on a sheet of grease proof paper on a tray.
 - Bake at 190° for about 20/25 minutes.

Upcoming Events

Social Events

Every Friday Night (7:00 pm) - Pub Nights
in the Regatta Room

Regatta

Weekend, August 10/11/12

Club Business

Monday, August 13 (7:30 pm)
- Board Meeting

Monday, September 10 (7:30 pm)
- Board meeting

Monday, September 24 (8:00 pm)
- General Meeting - Elections

Yoga

Tuesday Nights (1930-2100)
- until end of August

Sunday, August 12

Thursdays (7:30 pm)
- beginning September 27

Racing

Wednesday Nights - Summer Series

Thursday, August 23 (tentative)
- Single hand series

Saturday, August 25 (tentative)
- Pursuit Race

Thursday Nights - beginning September 6
- Single hand series

Sundays, beginning September 9
- Fall series

Cruising

Saturday, July 28
- Commodore's Cruise

Saturday, August 4
- ABYC Cruise

Saturday, September 15
- THSC Cruise

PARA

Tuesday, August 14 (1900-2130)
- Executive Meeting

Tuesday, September 11 (1900-2130)
- Executive Meeting

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Upcoming Duty Officer Shifts

Just as a reminder to members who still have duty hours for this season, the following is the published schedule for the coming weeks.

This is the *original* schedule from the spring and does NOT include any changes and substitutions members may have made since it was originally published.

Green Shift: 1400-1800 hours Red Shift: 1800-2100 hours

01-Aug-18	Red	Croley, Patrick
02-Aug-18	Red	Plumb, Phil
03-Aug-18	Red	Coholan, Aaron
04-Aug-18	Green	Hess, Robert
04-Aug-18	Red	Coholan, Aaron
05-Aug-18	Green	Hamel, Richard (Woody)
05-Aug-18	Red	Oliver, Jonathan
06-Aug-18	Green	Blundell, Jeff
06-Aug-18	Red	Wood, Tom
07-Aug-18	Red	Sherban, Mike
08-Aug-18	Red	Walsh, Christine
09-Aug-18	Red	MacDonald, Alan
10-Aug-18	Red	Bellstedt, Peter
11-Aug-18	Green	Buttigieg, Bryan
11-Aug-18	Red	Zagrodney, Bruce
12-Aug-18	Green	Carrier, Denis
12-Aug-18	Red	Wysocki, David
13-Aug-18	Red	MacDonald, Alan
14-Aug-18	Red	Greason, Greg
15-Aug-18	Red	Graham, William
16-Aug-18	Red	Wood, Tom
17-Aug-18	Red	Stobie, Bob
18-Aug-18	Green	Hammond, Steve
18-Aug-18	Red	Verwey, Craig
19-Aug-18	Green	Viscount, Chris
19-Aug-18	Red	Young, Cameron
20-Aug-18	Red	Lipay, Doug

21-Aug-18	Red	Stephen, Bruce
22-Aug-18	Red	Hammond, Steve
23-Aug-18	Red	Brett, Michael
24-Aug-18	Red	Watson, Chuck
25-Aug-18	Green	Gillmeister, Heinz
25-Aug-18	Red	Taylor, Danny
26-Aug-18	Green	Chin, Mark
26-Aug-18	Red	Chin, Mark
27-Aug-18	Red	Yang, Xiyun Edward
28-Aug-18	Red	Skretas, Louie
29-Aug-18	Red	Meuleman, Antonio
30-Aug-18	Red	Wolfe!, Fred
31-Aug-18	Red	McLean, Al



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You want to create a fun and safe environment for kids to learn and play over the summer.

You have a never-ending fascination with the weather.

You believe that sailing empowers and builds individuals confidence and life skills.

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You love the idea of creating a better community.

You know that Jimmy Buffett is the true sound of summer.

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2018

GREECE AUG 18 - SEPT 1

GREECE SEPT 1 - SEPT 15

2019

CROATIA AUG 16 - AUG 30

GREECE SEPT 1 - SEPT 15

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