



# SAILPAST



November, 2018

MERRY CHRISTMAS



*Sailpast is a monthly publication of the Frenchman's Bay Yacht Club.*

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requirements.

**Reminders**



**Christmas Pot Luck and  
Gift Exchange**

**Saturday, December 15**

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## About Christmas

The word "Christmas" comes from the old English "Cristes maesse", or the mass of Christ. It is likely that the Christmas date of December 25 was chosen to offset the Pagan celebrations of Saturnalia and Natalis Invicti. It is also possible that the celebration of the birth of the "true light of the world" was set at the time of the December solstice because this is when the days in the northern hemisphere begin to grow longer. Christmas holiday customs derive from various cultures, including Teutonic, Celtic, Roman, West Asian and Christian.

The mistletoe is a commonly used Christmas decoration. By tradition, people who meet under a hanging mistletoe are obliged to kiss. Mistletoe has pagan associations. For example, the druids of Gaul regarded mistletoe growing on oak trees as sent from heaven.

Other common decorations associated with Christmas are holly and ivy – both are associated with Pagan festivals as it was customary to decorate with greenery for these festivals.

Christmas is known by many different names around the world. A sampling of some of them are presented here.

English - Christmas Day  
 French - Noël  
 German - Weihnachten  
 Spanish - Navidad  
 Portuguese - Natal  
 Italian - Natale  
 Norwegian - Første juledag  
 Danish - Juledag  
 Dutch - Eerste kerstdag  
 Finnish - Joulupäivä  
 Hungarian - Karácsony  
 Swedish - Juldagen  
 Croatian - Božić  
 Polish - Boże Narodzenie  
 Romanian - Crăciunul  
 Norwegian (nynorsk) - Fyrste juledag  
 Russian (Latin) - Rozhdestvo  
 Irish - Lá Nollag



## Christmas in Foreign Lands

*Ed. Note:*

*Many of us have a heritage that originated in foreign lands where Christmas may have different meanings and traditions.*

*As an example of how Christmas varies from one country to another, I present for your information the traditions of Holland and Germany.*

*Hopefully in future years, the traditions of other countries can be highlighted.*

*If you have any idea for a country that should be included in future editions, please let me know.*

- Editor

### Holland

For most children in The Netherlands, the most important day during December is 5th December, when Sinterklaas (St. Nicholas) brings them their presents!

St. Nicholas' Day is on the 6th December, but in The Netherlands, the major celebrations are held on the 5th December, St. Nicholas' Eve. The name Santa Claus comes from the name Sinterklaas.

It all starts on the second Saturday of November (the first Saturday after 11th November) when Sinterklaas travels to a city or town in The Netherlands. Dutch tradition says that St. Nicholas lives in Madrid, Spain and every year he chooses a different harbour to arrive in Holland, so as many children as possible get a chance to see him.

Sinterklaas travels with his servants called 'Zwarte Pieten' ('Black Peters').

When Sinterklaas and the Black Peters come ashore from the steam boat, all of the local church bells ring in celebration. Sinterklaas, dressed in his red robes, leads a procession through the town, riding a white horse. Every town in The Netherlands has a few Sinterklaas helpers, dressed the same as Sinterklaas who help give the presents out. (And sometimes you might one see one or more Zwarte Pieten with Sinterklaas!)

Children are told that the Zwarte Pieten keep a record of all the things they have done in the past year in a big book. Good children will get presents from Sinterklaas, but bad children will be put in a sack and the Zwarte Pieten take them to Spain for a year to teach them how to behave!

On the evening that Sinterklaas arrives in The Netherlands, children leave a shoe out by the fireplace or sometimes a windowsill and sing Sinterklaas songs. They hope that Sinterklaas will come during the night with some presents. They also believe that if they leave some hay and carrots in their shoes for Sinterklaas's horse, they will be left some sweets or small presents. They're told that, during the night, Sinterklaas rides on the roofs on his horse and that a 'Zwarte Piet' will then climb down the chimney (or through a window) and put the presents and/or candy in their shoes.

In many families the children are told that Sinterklaas and Zwarte Piet make a weekly visit, so the children leave their shoe by the fireplace or window i.e. every Saturday until the main Sinterklaas party on 5th December.

The evening of December 5th is called St. Nicholas' Eve 'Sinterklaasavond' or 'Pakjesavond' (present evening). The children will receive their presents during the evening. There might be a knock at

the door and you might find a sack full of presents!

Sinterklaas parties are often held on St. Nicholas' Eve (5th), where treasure hunt games are played with poems and riddles giving the clues. Children follow the clues to find little presents left by Sinterklaas. Special biscuits and sweets are also eaten at the party. One type of biscuit is called 'letter blanket' or 'banketletter' (meaning letter cake), which is made from marzipan or pastry. The biscuits are made in the shapes of the first letter of the peoples names who are at the party. Another sweet biscuit that is eaten at the parties are 'pepernoot' which are made with cinnamon and spices in the pastry biscuit mix. Here's a recipe for peppernoot. And Here's a recipe for kerstkrans, a Dutch Christmas Ring Cake.

On the 6th of December Sinterklaas (the birthday of Sinterklaas) leaves The Netherlands by steamboat via the entrance of the port of Rotterdam (Europe's largest port) called the Hook of Holland and he travels back to Spain.

Surprise presents are also given on St. Nicholas' Day. A custom at the Sinterklaas parties, often within classes at schools, is that everyone's name is put into a hat and everyone picks another person's name - then they have to make a surprise present for that person. The presents are often things that the person would find useful with their favorite hobby. The presents come with a poem inside that gives a clue to who might have sent the present, but it is all meant to be a mystery! This is a similar custom to a present sending one in Germany.

Christmas celebrations in The Netherlands are separate from the visit of Sinterklaas!

Christmas Day itself is a much quieter day in The Netherlands, with a Church Service and family meal. Sometimes there is a special Christmas Day 'Sunday School' in the afternoon at the church, where the Christmas Story and other traditional stories are told. These are often the only presents children will get on Christmas Day because they have already received most of their presents on St. Nicholas Day.

On Christmas Eve night, Dutch Children believe that Santa Claus, (who is also call 'Christmas man' / 'Kerstman' to avoid confusion with Sinterklaas!) comes from Lapland in Finland to deliver more presents!

Christmas Day is known as 'Eerste Kerstdag' (first Christmas day) and the day after Christmas is called 'Tweede Kerstdag' (second Christmas day). On the second day people tend to visit their families and big shops are also often open on Tweede Kerstdag. The traditional way to eat with the family is called 'gourmetten', which is a little stove that is put on the table and where everyone prepares their own meal while seated.

Many people in The Netherlands also have a Christmas Tree in their houses.

In Dutch Happy/Merry Christmas can be said as 'Zalig Kerstfeest' or 'Zalig Kerstmis' (both mean Merry Christmas), 'Vrolijk Kerstfeest' (Cheerful Christmas) or 'Prettig Kerstfeest' (Nice Christmas). Happy/Merry Christmas in lots more languages.

## Germany

A big part of the Christmas celebrations in Germany is Advent. Several different types of Advent calendars are used in German homes. As well as the traditional one made of card that are used in many countries, there are ones made out of a wreath of Fir tree branches with 24 decorated boxes or bags hanging from it. Each box or bag has a little present in it. Another type is called a 'Advent Kranz' and is a ring of fir branches that has four candles on it. This is like the Advent candles that are sometimes used in Churches. One candle is lit at the beginning of each week in Advent.

Christmas Trees are very important in Germany. They were first used in Germany during the late Middle Ages. If there are young children in the house, the trees are usually secretly decorated by the mother of the family. The Christmas tree was traditionally brought into the house on Christmas Eve. In some parts of Germany, during the evening, the family would read the Bible and sing Christmas songs such as O Tannenbaum, Ihr Kinderlein Kommet and Stille Nacht (Silent Night).

Sometimes wooden frames, covered with colored plastic sheets and with electric candles inside, are put in windows to make the house look pretty from the outside.

Christmas Eve is the main day when Germans exchange presents with their families.

In German Happy/Merry Christmas is 'Frohe Weihnachten'. Happy/Merry Christmas in lots more languages.

Christmas Day is called "Erste Feiertag" ('first celebration') and the 26th

December is known as "Zweite Feiertag" ('second celebration') and also "Zweiter Weihnachtsfeiertag" which translates as Boxing Day (although it doesn't literally mean that)!

In some parts of Germany, mainly the south east of the country, children write to the 'das Christkind/Christkindl' asking for presents. The letters to the Christkind are decorated with sugar glued to the envelope to make them sparkly and attractive to look at. Children leave the letters on the windowsill at the beginning of or during Advent.

'das Christkind' translates as 'The Christ Child' in English but Germans don't think of the Christkind as the baby Jesus! The Christkind is often described as a young girl with 'Christ like' qualities. In Nürnberg a young girl is chosen every year to participate in a parade as the Christkind. She wears a long white and gold dress, has long blond curly hair and wears a gold crown and sometimes wings like an angel.

Santa Claus or Father Christmas (der Weihnachtsmann) brings the main Christmas presents on December 24th. You might also write a letter to Weihnachtsmann in other parts of Germany. Some people say that Santa/Father Christmas (Weihnachtsmann) brings the presents and some say it is Christkind!

In some regions of Germany, there is a character called "Knecht Ruprecht" or "Krampus" who accompanies Nikolaus (St. Nicholas) on the 6th of December. He is big horned monster clothed in rags and carries chains. He is meant to punish the children who have been bad! He is usually the one who scares the little children. In other parts of Germany, St. Nicholas is followed by a small person called "Schwarzer Peter" (Black Peter) who carries a small whip. Black Peter also

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accompanies St. Nicholas or Sinterklaas in Holland. In north west Germany Santa is joined by Belsnickel a man dressed all in fur. Although 'der Nikolaus' visits in December, he's not officially part of Christmas!

At small work places and school parties, secret presents are often exchanged. A door is opened just wide enough for small presents to be thrown into the room. The presents are then passed around among the people until each person has the correct present! It is thought to be bad luck to find out who sent each present.

Another tradition is the Sternsinger (or star singers) who go from house to house, sing a song and collect money for charity (this is a predominantly Catholic tradition). The singers are normally four children, three who dress up like the Wise men and one carries a star on a stick as a symbol for the Star of Bethlehem. When they're finished singing, they write a signature with chalk over the door of the house. The sign is written in a special way, so 2018 would be: 20\*C\*M\*B\*18. It is considered to be bad luck to wash the sign away - it has to fade by itself. It has usually faded by the 6th of January (Epiphany). The Sternsingers visit houses between December 27th and January 6th.

## Santa is a Woman!

I think Santa Claus is a woman!

I hate to be the one to defy sacred myth, but I believe he's a she. Think about it. Christmas is a big, organized, warm, fuzzy, nurturing social deal, and I have a tough time believing a guy could possibly pull it all off!

For starters, the vast majority of men don't even think about selecting gifts until Christmas Eve. It's as if they are all frozen in some kind of Ebenezerian Time Warp until 3 p.m. on Dec. 24th, when they --with amazing calm --call other errant men and plan for a last-minute shopping spree.

Once at the mall, they always seem surprised to find only Ronco products, socket wrench sets, and mood rings left on the shelves.

On this count alone, I'm convinced Santa is a woman. Surely, if he were a man, everyone in the universe would wake up Christmas morning to find a rotating musical Chia Pet under the tree, still in the bag.

Another problem for a he-Santa would be getting there.

First of all, there would be no reindeer because they would all be dead, gutted and strapped on to the rear bumper of the sleigh amid wide-eyed, desperate claims that buck season had been extended. Blitzen's rack would already be on the way to the taxidermist. Even if the male Santa DID have reindeer, he'd still have transportation problems because he would inevitably get lost up there in the snow and clouds and then refuse to stop and ask for directions. Add to this the fact that there would be unavoidable delays in the chimney, where the Bob Vila-like Santa would stop to inspect and repaint

bricks in the flue. He would also need to check for carbon monoxide fumes in every gas fireplace, and get under every Christmas tree that is crooked to straighten it to a perfectly upright 90-degree angle.

Other reasons why Santa can't possibly be a man:

- Men can't pack a bag.
- Men would rather be dead than caught wearing red velvet.
- Men would feel their masculinity is threatened...having to be seen with all those elves.
- Men don't answer their mail.
- Men would refuse to allow their physique to be described even in jest as anything remotely resembling a "bowlful of jelly."
- Men aren't interested in stockings unless somebody's wearing them.
- Having to do the Ho Ho Ho thing would seriously inhibit their ability to pick up women.
- Finally, being responsible for Christmas would require a commitment.

### Man's Response:

*Point : I think Santa Claus is a woman...I hate to be the one to defy a sacred myth, but I believe he's a she. Think about it... For starters, the vast majority of men don't even think about selecting gifts until Christmas Eve.*

And when does Santa deliver his presents? The Friday after Thanksgiving when the malls are open for 20 hours? I don't think so. Christmas Eve deliveries are irrefutable proof that Mr. Claus is a man.

*Point: And a male Santa would inevitably have transportation problems because he would get lost up there in the snow and clouds and then refuse to stop and ask for directions.*

Santa uses a reindeer so drunk his nose is glowing as his navigator. You think a woman would allow those cute deer to work on Christmas Eve? In the cold? A female Claus would dress those poor deer in sweaters and booties.

*Point: Men would rather be dead than caught wearing red velvet.*

When was the last time you saw a woman in a red velvet suit? The fact Santa can ignore "fashion" and wear the same suit for 500 years proves he couldn't possibly be a woman.

*Point: Men don't answer their mail. (Except email of course)*

And when was the last time Santa answered a letter? Like, never.

*Point: Men aren't interested in stockings UNLESS somebody's wearing them.*

And women aren't interested in stockings unless someone better looking than them is wearing them.

*Point: Having to do the Ho Ho Ho thing would seriously inhibit their ability to pick up babes.*

As many presents as Santa delivers he has no trouble with babes. It's amazing how grateful a woman is when you deliver a nice diamond solitaire or electric socks.

*Point: Finally, being responsible for Christmas would require a commitment*

And also requires the ability to stay up for 24 hours straight in the cold with a bunch of mangy deer and going up and down soot infested chimneys. You think a woman would go down a chimney and risk staining that red velvet? Of course not. Commitment also requires that Christmas is the same day each year. With a female Santa, Christmas would be late because she'd have to touch-up her makeup and do her hair after leaving each house. Let's face it, Santa Claus is, and always has been, a guy.

## Sailing News

### Ontario Sailing - Annual General Meeting

**Saturday, December 1, 2018** 4:00 o'clock p.m. EST (registration starts at 3:45 p.m.)

Delta Hotels by Marriott  
Toronto Airport & Convention Centre  
655 Dixon Road, Toronto

The Ontario Sailing Annual General Meeting (AGM) will cover business of the Association including:

- The President and Executive Director's Report
- The Treasurer's Report
- The Nomination Committee's Report

Ontario Sailing Awards will also be presented during the AGM.

ALL ARE WELCOME TO ATTEND!  
Please Pre-Register. Please RSVP to Krystal at [info@ontariosailing.ca](mailto:info@ontariosailing.ca) or 1-888-672-7245 ext. 221.

For more information about the Ontario Sailing AGM, please visit <https://ontariosailing.ca/news/2018-ontario-sailing-annual-general-meeting/>

### Sail Canada Awards - Nomination time!

It is time to submit nominations for the Sail Canada Awards and the 2019 Rolex Sailor of the Year Awards. All sailors and their supporters are invited to participate in recognizing Canada's top sailors via the Annual Sail Canada Awards. Now is your chance to nominate outstanding sailors, athletes, coaches, instructors, race officials, volunteers and events that have contributed to the sport over the past year.

Submit nominations to [sailcanada@sailing.ca](mailto:sailcanada@sailing.ca). Deadline for nominations: December 1, 2018.



## Fun and Games

The Entertainment Committee has been working on bringing events to FBYC.

Mark your calendars!

### Yoga

Continues each Tuesday at 7:30 in the Flag Room. Come out and give it a try. You can still pay as you go

Tuesday January 8, 2019 – April 2, 2019  
(12 weeks – no class on February 12)  
Ellen of KIND Yoga by Heart

Registration if paid by December 31 \$100  
or drop in's welcome \$14 / class

### Tree Decorating

Friday November 30 - 7:30 – 11:00  
FBYC Clubhouse

Come out and enjoy some hot cider while making FBYC look a lot like Christmas

## Christmas Gift Exchange

Saturday December 15  
6:00 – 11:00  
Flag Room

Spread the joy of the season with a potluck dinner.

Members whose last name begins with A through J bring a dessert.

Members whose last name begins with K through Z bring a main dish



Bring a gift to exchange (\$10 limit) and be ready to battle for that special gift.

Anyone that still needs hours are welcome to help

Any questions or comments please email us at [entertainment@fbyc.ca](mailto:entertainment@fbyc.ca)

- Nancy Smith

## From the Treasurer

Hello to all, it has snowed at least 3 times up here in Uxbridge thus far. Looking like a good cross country ski season ahead.

As far as the FBYC Treasury Department things are fairly quiet just now. I have been working with others as they prepare for our annual budget. We have money in the bank and all our bills are current. More details available at the up and coming General Meeting later this month.

I would like to encourage you to check your 2018 Compulsory Work Hours. At least 15 hours are needed if you do not want to pay. I will be sending out invoices sometime in December. There are very few opportunities left. If you have done some hours and they do not appear to be recorded get on it. I only invoice based on Miles Thompson's records. It is up to each individual to be certain that his records are accurate. Take this as a pleasant early reminder.

That is all, enjoy the fall.

- Chuck Watson



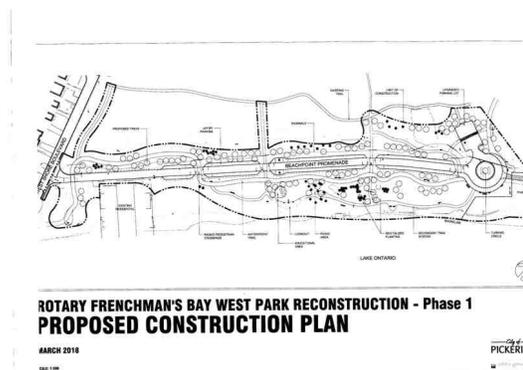
## Bay Re-Development

*Editors Note:*

*As most of us know, there has been extensive development of the shore area on the western side of the bay.*

*If you haven't already done so, take the time to walk on down either from the club or from West Shore.....it's pretty impressive even at this time of year. It should be really attractive in the spring once the new growth has had a chance to blossom.*

*The original plan for the redevelopment is presented below.*



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## Back and Forth

*In the sixth of many articles, Bob Stobie shares his flying experience on flights to and from Florida.*

### BACK AND FORTH TO FLORIDA BY CESSNA

May, 2016

I had arranged to fly down to Fort Myers, but Kingsley had family business to attend to in Jamaica. As a result I spent several days in Mainsail Drive by myself. We had decided to visit the Wright Brother's museum in Kitty Hawk, NC, but we did not get away until Monday, May 9.

The first day there were no problems, we flew north-east, refueled once, reached the coast just north of Hilton Head, and continued up to Manteo NC on Roanoke Island. From there it is only about 10 miles to the small airstrip by the museum.

As a result, Tuesday, the next day, we didn't check the weather forecast very carefully, and after we took off we could see fog approaching. The fog got to the museum before we did, so that we had to turn back. Unfortunately by the that time the fog had also reached Manteo Airport. We orbited over the bay trying to decide where could divert (we had not refueled) when the Manteo unicom reported the visibility was improving. We scurried over and did a straight in approach to land.

After this we gave up and rented a car to drive over to the museum, which turned out to be about 45 minutes by road. We had just parked the car when I noticed an RV with Ontario plates pull up next to us. I said hello and found they were from Markham. I mentioned that we had rented our car but we were flying Kingsley's plane back to Markham. The fellow

replied "Kingsley? Markham?" and rushed around to the other side of the car. "Kingsley!" "Umberto!" It turned out they were Umberto and Sue VillaLobos, old friends of Kingsley and Daisy, and Umberto is himself a pilot.

Wright

Brother's Monument in the background



After Kingsley had called Daisy and she spoke to Sue and Umberto, we spent several hours in the museum and at the monument. By then the fog had lifted and Kingsley still wanted to fly in to the airstrip.

Back to Manteo we drove with Umberto, leaving Sue with the RV. I decided that I would pass on the flight, so that Kingsley and Umberto flew over. After a while Kingsley came back, leaving Umberto with Sue.



Wednesday, the next day, the fog was back. We hung around until the afternoon and then did some sightseeing up and down the Outer Banks. Kingsley had Umberto's cell number and when we found they were still in town we arranged to meet for dinner.

Thursday was clear, and off we went. Kingsley had discovered that 100 LL was cheap at Luray VA, so we headed for there. As time went on, clouds started to fill in beneath us, and eventually it was looking pretty solid. But Luray was still reporting clear and we continued about 3000 feet above the cloud tops. It is so nice flying on top, smooth, sunny, warm. We checked the ATIS at all airports along the way and they were reporting ceilings of 600 to 800 feet, which did give us some concern. When we finally reached Luray, we discovered it is down in a valley, and the surrounding mountains were evidently keeping the fog out. After refueling Kingsley called flight services for a weather report, and they strongly recommended we stay where we were.

Friday it was raining, so again Kingsley rented a car. We drove out and toured the famous caverns, as well as several museums which have sprung up right next door. When we returned to the parking lot we found a very familiar RV with Ontario plates. We were leaving a note on the windshield when Umberto and Sue appeared. Sue had all the fixings for a picnic lunch in the RV, so that we were invited to eat with them. Amazing how small the world can be.



Saturday was clear, and off we went once again. We crossed Maryland into Pennsylvania, and then we started to see weather alerts from Kingsley's Sirius Satellite Nexrad. We stopped at Martha Johnstown

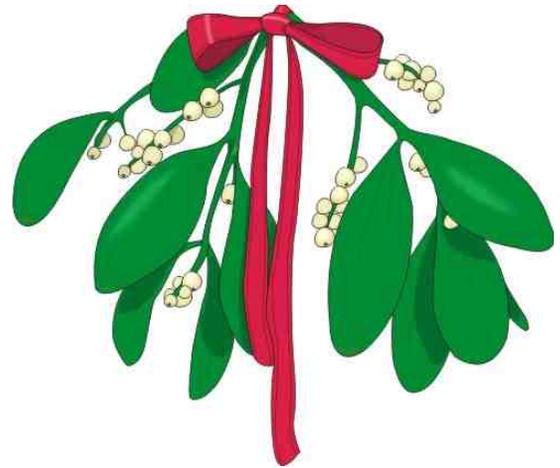
Cambrai Airport (?????) to refuel, check the weather, and review our alternatives. We decided that it did not look too bad, so we left, but almost immediately ran into heavy precipitation. It looked better to the west, but going that way it was soon very difficult even to see. Indiana County airport was right in front of us and we had a straight in approach to the runway, so we landed. We had quite a wait before the rain let up enough that we could make a dash to the terminal building.

It was approaching lunch time on Saturday when we landed, and we did not get out of that airport until Monday morning. A helicopter stopped there for fuel Saturday evening, but that was the only other aircraft we saw. Sunday morning, May 15, it snowed. The airport had a courtesy vehicle, an old pickup truck, which we were welcome to use, so that we could go into town to eat or buy food. The airport was very well setup for visitors: computer terminals, a kitchenette, showers, and couches that we could sleep on. They provided sheets and blankets. The staff were very hospitable, they seemed glad to have company.

The town was Jimmy Stewart's birthplace; he retired as a General in the Air Force reserve (combat in WW II) so that the airport is named after him. There is a large model of his B-24 hanging in the terminal. There is also a museum in town about his life but it was not open Sundays. An amusing feature in town was the audible traffic light signals for the benefit of the blind do not chirp as usual, but instead have audio clips from his movies.



Finally Monday morning dawned clear, and just enough above freezing that there was no frost on the plane. We flew to Niagara Falls International, fueled up, and arranged to clear customs in Oshawa. We followed the lakeshore around past City Centre Airport to CYOO. As seems to be usual, they did not bother to come and meet us, but cleared us by phone. We arrived at Markham about 13:00, 7 ½ days after leaving Marco Island.



## Upcoming Events

### Social Events

Every Friday Night (7:30 pm) - Pub Nights  
in the Regatta Room

- NOTE: Closed December 28

Friday, November 30 (7:30 pm)

- Tree Decorating

Saturday, December 1 (1:00 pm)

- Kids Xmas Party

Sunday, December 9 (12:00 pm - 4:00  
pm)

- Jr. Sail Party

Saturday, December 15 (6:00 pm)

- Pot Luck and Gift Exchange

### Club Business

Monday, December 10 (7:30 pm)

- Executive meeting

Tuesday, January 1

- Commodores levee

Monday, January 14 (7:30 pm)

- Executive Meeting

### Yoga

Tuesdays (7:30 pm)

### PARA

Tuesday, January 8 (7:00 pm)

- Executive Meeting

Wednesday, January 16 (6:30 pm)

- Coxswain training

Thursday, January 24 (6:30 pm)

- Training

Saturday, January 26 (9 am - 5 pm)

- First Aid Training

Sunday, January 27 (9 am - 5 pm)

- First Aid Training



## Butter Cookies

### Ingredients

- 2 1/4 cups all purpose flour
- 1/2 tsp salt
- 1 1/4 cups butter, softened
- 1 cup icing sugar
- 2 tsp vanilla

### Mixing Instructions

- Sift together flour and salt.
- Cream butter.
- Beat in sugar and vanilla.
- Add dry ingredients to creamed mixture, part at a time.

### Preparations

Choose a variation.

#### *Almond Crescents:*

Add 1 cup ground almonds to dough. Form into 1 inch balls; Shape into crescents. Bake 12 to 15 min. Sprinkle with icing sugar while still warm.

#### *Chocolate Tipped Logs:*

Shape dough into 1 inch balls; roll into 2 inch long cylinders. Bake 12 to 15 min. Cool. Dip each cookie into melted chocolate then finely chopped nuts

#### *Raspberry Strips:*

Divide dough into 6 parts; shape each into a rope about 1/2 inch in diameter. Place 3 at a time on cookie sheets. Press a groove down centre of each rope; push up sides to make a deep trench. Bake 20 min; cool 10 min on sheets; remove. File centres with jam. Slice to serve.

### Cooking

Bake at 325F on ungreased cookie sheets. Time according to individual directions.

## Candy cane cookies

### Ingredients

- 1 cup soft shortening (half butter)
- 1 cup sifted confectioner's sugar
- 1 egg
- 1 1/2 tsp. almond extract
- 1 tsp. vanilla
- 2 1/2 cups flour (sifted)
- 1 tsp salt
- 1/2 tsp red food colouring
- 1/2 cup crushed peppermint candy
- 1/2 cup sugar

### Mixing Instructions

- Mix shortening, sugar, egg, almond and vanilla together.
- Sift flour and salt together.
- Add flour/salt to mixture.
- Divide dough into halves and add food colouring to one.
- Mix candy and sugar together. Save till baked

### Preparations

Roll 1 tsp. each colour into a 4 in. strip. Place strips side by side. Press lightly together and twist like rope. Place on ungreased cookie sheet. Curve top down to form a cane shape.

### Cooking

Preheat oven to 375F (quick-moderate). Bake about 9 min (or until light brown). Remove with spatula while warm.

### Serving

Sprinkle with peppermint/sugar mixture. Makes about 4 dozen cookies.

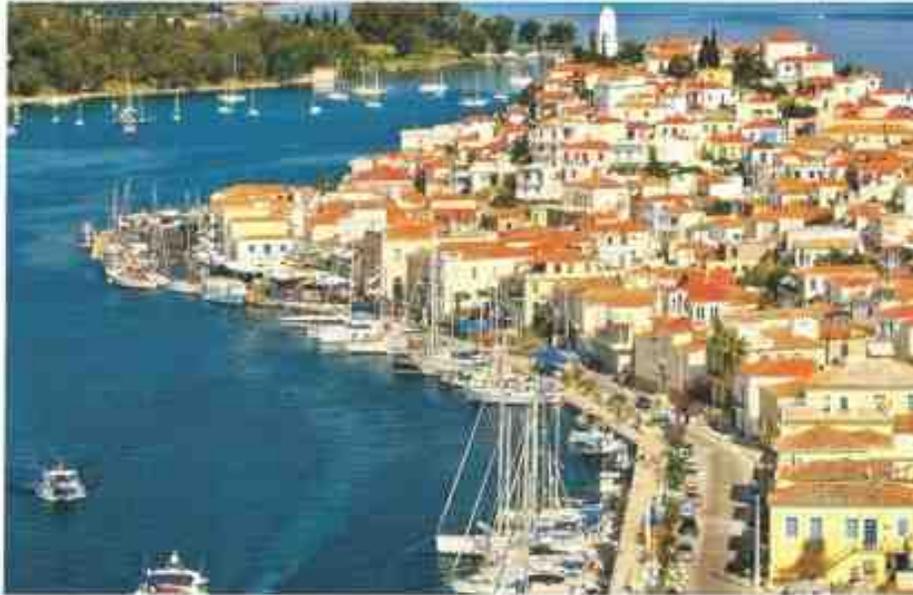
## Stollen

- 1 tablespoon active dry yeast
  - 2/3 cup warm milk (110 degrees F/45 degrees C)
  - 1 large egg
  - 1/3 cup white sugar
  - 1/2 tablespoon salt
  - 1/3 cup butter, softened
  - 2 1/2 cups bread flour
  - 1/3 cup currants
  - 1/3 cup sultana raisins
  - 1/3 cup red candied cherries, quartered
  - 2/3 cup diced candied citron
  - 6 ounces marzipan
  - 1 tablespoon confectioners' sugar
  - 1/4 teaspoon ground cinnamon
- the loaf, seam side down, on the prepared baking sheet. Cover with a damp cloth and let rise until doubled in volume, about 40 minutes. Meanwhile, preheat oven to 350 degrees F (175 degrees C).
- Bake in the preheated oven for 10 minutes, then reduce heat to 300 degrees F (150 degrees C), and bake for a further 30 to 40 minutes, or until golden brown. Allow loaf to cool on a wire rack. Dust the cooled loaf with confectioners' sugar, and sprinkle with the cinnamon.
- In a small bowl, dissolve yeast in warm milk. Let stand until creamy, about 10 minutes.
  - In a large bowl, combine the yeast mixture with the egg, white sugar, salt, butter, and 2 cups bread flour; beat well. Add the remaining flour, 1/4 cup at a time, stirring well after each addition. When the dough has begun to pull together, turn it out onto a lightly floured surface, and knead in the currants, raisins, dried cherries, and citrus peel. Continue kneading until smooth, about 8 minutes.
  - Lightly oil a large bowl, place the dough in the bowl, and turn to coat with oil. Cover with a damp cloth and let rise in a warm place until doubled in volume, about 1 hour.
  - Lightly grease a cookie sheet. Deflate the dough and turn it out onto a lightly floured surface. Roll the marzipan into a rope and place it in the center of the dough. Fold the dough over to cover it; pinch the seams together to seal. Place

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