



SAILPAST



November , 2019

It's Coming!



**November 29, Friday
evening**

FBYC Tree Decorating



November 29, Friday 6 pm

**Pickering Tree Lighting
Celebration**

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Contact the Editor for graphic and content requirements.

Commodore's Corner

This year's Annual Banquet at the Ajax Convention Center was a Blast.

Beautiful venue, delicious food, good drinks, good music, great dancing and everyone was dressed to the nines. The DJ kept us dancing all night. There were plenty of door prizes to be had. Nancy Smith with the assistance of Mary Humphries, Connie, Victoria, Shernaz, Pat, Laura and everyone else that helped all made our 2019 FBYC Banquet certainly one to remember. Thanks again Nancy!

Another sailing season has come to an end and what a year it has been. Boats are now hauled out and put away just in time as we got a surprise blast of winter on November 11th with record breaking minus thirteen-degree temperatures and almost thirty centimetres of snow. It sure felt like January not November.

Sadly, November 11th is also when we honour our brave men and women who paid the ultimate sacrifice to give us our freedom and safety to enjoy all that Canada has to offer, including the privilege of sailing and boating in this great country of ours. So please keep this in mind so we never repeat the past.

Incidentally, November is when the newly elected board takes over and begin the task of managing the club for all to enjoy.

First, I would like to thank Sam Cummings and all the past board members for taking such good care of FBYC. However, we do have some members leaving and I would like to thank Byron Lucas, Cameron Hastings, Bob Stobie, Mike Brajac, Nancy Smith, Nick Costar, Louie Skretas, John Fertile and Kayleen Mertz for their hard work and dedication to FBYC.

For next season, the newly elected and appointed board members are Mark Chin, Annette Reesor, Chris Smith, Tom Wood, Kevin Guerin, Glen Dickson, Michael Rennie, Val Tsyben, Sam Cummings, John Redman, Stuart Robinson, Andrew Barkhouse, Mary Humphries, Denis Carrier, Jeff Blundell, Ed Fulton, Aaron Coholan, Ron VanDerWees and Doug Welch. I am confident that we have a terrific team on the board that will continue the legacy of what FBYC is known for.

Finally, I would like to thank the membership for their support as we do our best to manage the club and to make FBYC the Best and Friendliest club on the Lake. This is your club so help us make this club, THE club that you would like to enjoy year-round.

Mark your calendars for three upcoming club events, membership meeting on November 23rd, Potluck Gift exchange on December 14th and the Commodore's Levy on January 1st.

So please enjoy the season! See you around.

- Mark Chin



Christmas Traditions

Ed. Note:

Many of us have a heritage that originated in foreign lands where Christmas may have different meanings and traditions.

As an example of how Christmas varies from one country to another, last year we presented the traditions of Holland and Germany. This year we feature the traditions of Hungary and the Ukraine

Hopefully in future years, the traditions of other countries can be highlighted.

If you have any idea for a country that should be included in future editions, please let me know.

- Editor

Hungary

In Hungary, Christmas Eve is very important and is called 'Szent-este' which means Holy Evening. People spend the evening with their family and decorate the Christmas Tree. Sometimes only the adults decorate the tree (without the children there), so when children come in and see the tree, it's a great surprise and they are told that angels brought the tree for them!

The main Christmas meal, which is also eaten on Christmas Eve, consists of fish (often fish soup called 'Halászlé' which is made with carp or other freshwater fish), stuffed cabbage (the leaves are stuffed with rice, mince pork, onion, garlic and other herbs) and a special kind of poppy bread/cake called 'Beigli' is a popular dessert. Gingerbread is also a traditionally eaten at Christmas in Hungary. The gingerbread is often wrapped in very bright colors and decorated with Christmas figures.

The Midnight Mass service is very popular in Hungary. Most people go to Church after their Christmas meal. On Christmas Day people visit their families.

On Christmas Eve children also hope that they will be left some presents under the Christmas Tree. They're told that the presents are brought by Jesus, he's often called "Jézuska", a nickname or cuter version for "Jézus". Children wait outside the room where the tree is and when they hear bells ringing, they can enter and the presents await them under the Christmas tree.

St. Nicholas also visits Hungary on the 6th December. In Hungary he is known as 'Mikulás'. Children leave out shoes or boots on a windowsill to be filled with goodies! Presents might also be brought by Télapó (Old Man Winter).

Ukraine

Christmas in Ukraine is celebrated on the 7th January is because, like many countries where the main Church is the Orthodox Church, they use the old 'Julian' calendar for their church festivals.

The main Christmas meal, called 'Sviata Vecheria' (or Holy Supper) is eaten on Christmas Eve (6th January). Traditionally people fast (don't eat anything) all day but you might start the day drinking some holy water that has been blessed at church. You can't start eating the meal until the first star is seen in the sky. So people (especially the hungry ones!) go outside as soon as it start getting dark in the afternoon to try and spot the first star. The star represents the journey of the Wise Men to find Jesus and that Jesus has been born, so Christmas can start!

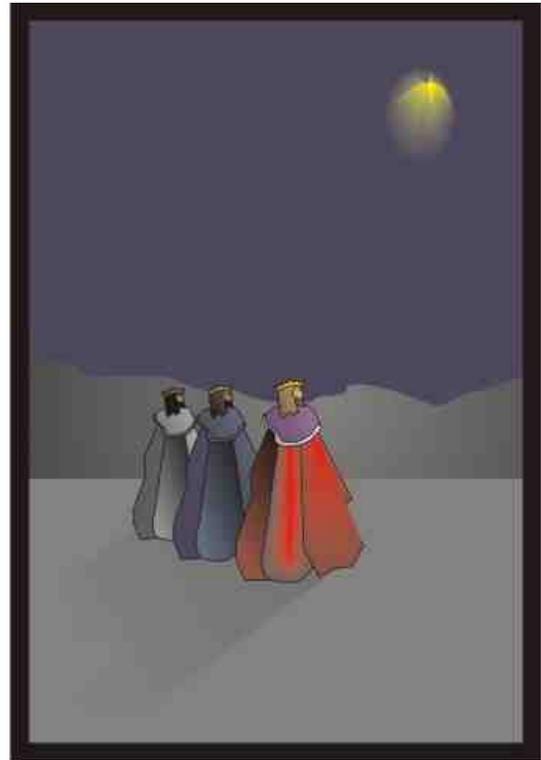
The meal normally has 12 dishes which represent Jesus's 12 disciples. Traditionally the dishes don't have any meat, eggs or milk in them. The main dish is often 'kutia' a type of a kind of sweet porridge made of wheat. Other dishes can include mushrooms, sauerkraut, red 'borsch' (beet soup), dumplings known as 'varenyky' (Pierogi), 'holopchi' (cabbage rolls, make without meat in them at Christmas!), 'pyrizhky' (cabbage buns), whitefish and 'kolach' (special Christmas bread).

The room where Sviata Vecheira is eaten normally has a Didukh decoration placed in it. The Didukh is a made from a sheaf of wheat and symbolises the large wheat fields in Ukraine. It literally means 'grandfather spirit' and can represent people's ancestors being with them in their memories. Sometimes people use some heads of wheat in a vase rather than a whole sheaf of wheat.

After the meal, people love to sing carols or 'Koliadky'. They can be sung around the table or you might go out caroling in the streets. People sometimes carry brightly colored stars on poles when they go caroling singing.

The Ukrainian carol 'Shchedryk' is where the popular 'Carol of the Bells' came from.

Making paper snowflakes to put on the tree or in windows are a popular decoration. In parts of western Ukraine, Christmas Trees are often decorated with artificial spider's webs because of the story of The Christmas Spider. These are called made of paper and silver wire, called 'pavuchky' (which means 'little spider').



An advertisement for Rigging Shoppe. The top left features the company logo 'RIGGING SHOPPE' in a stylized font with a compass rose. To the right is a gold circular badge celebrating a 45th anniversary from 1969 to 2014. The background is a photograph of a sailboat on a body of water during a sunset or sunrise. The text 'Boatloads of Bright ideas for Boaters for over 45 years!' is written in large, bold, blue letters across the middle. At the bottom, contact information is provided: '44 Midwest Road, Toronto, ON, M1P 3A9', 'tel 416-752-1711 free 1-877-752-1711', 'email info@riggingshoppe.com web www.riggingshoppe.com'.

Sailing News

Race Mark Rescue



Photo Courtesy of Doug Lippay

The tough part was getting them out of the drums.

Sail Canada Awards Nominations

It is time to submit nominations for the Sail Canada Awards and the 2020 Rolex Sailor of the Year Awards. All sailors and their supporters are invited to participate in recognizing Canada's top sailors via the Annual Sail Canada Awards. Now is your chance to nominate outstanding sailors, athletes, coaches, instructors, race officials, volunteers and events that have contributed to the sport over the past year.

Submit nominations to sailcanada@sailing.ca. Deadline for nominations: December 1, 2019.

AGM and Leader Summit

The 2019 Sail Canada Annual General Meeting and Leader Summit took place last month in Montreal, Quebec. The Sail Canada Board of Directors, Staff, Provincial Sailing Associations, Committees, Coaches and Partner Representatives gathered throughout the week to discuss current affairs and establish working plans for the future.

The Sail Canada membership elected two Directors at Large and a Chair.

It is with great pleasure that Sail Canada announces Hugh McGugan as the Chair while welcoming Barbara Pike and John O'Dwyer to the Board for a 3-year term.

Sail Canada would like to extend many thanks to departing Board member, Janet MacMillan who has shown much dedication and commitment to the board over the years. Janet has been an immense asset to the organization, always willing to provide expertise and support. Her knowledge within the field of Communications & Public Relations has helped the organization a tremendous amount.

Larry's kindergarten class was on a field trip to their local police station where they saw pictures tacked to a bulletin board of the 10 most wanted criminals. One of the youngsters pointed to a picture and asked if it really was the photo of a wanted person. 'Yes,' said the policeman. 'The detectives want very badly to capture him.' Larry asked, "Why didn't you keep him when you took his picture ? "

HMCS St. John's

They were on a cruise as far inland as Windsor to promote recruiting. October 29 started as a very foggy day. They were accompanied by several big RCMP inflatables which were on some kind of training mission.



Photos courtesy of Bob Stobie

Little Larry attended a horse auction with his father. He watched as his father moved from horse to horse, running his hands up and down the horse's legs and rump, and chest. After a few minutes, Larry asked, 'Dad, why are you doing that?' His father replied, 'Because when I'm buying horses, I have to make sure that they are healthy and in good shape before I buy. Larry, looking worried, said, 'Dad, I think the UPS guy wants to buy Mom'

Winter Sailing



Learn to enjoy your boat year-round by sailing when the mercury drops

For diehard sailors, the decision on where to store a boat for the winter might be more about whether you should store it at all. Sailing in the off season is possible and even enjoyable in many wintery climates. On a sunny, winter day, with light wind and sparkling waves, warmly dressed sailors can enjoy a fabulous sail that might help take the edge off a long winter.

You have to pick your weather carefully and your clothing well, but if you get that right, your wait for spring—and for what most people consider “the sailing season”—will be much more enjoyable. I’m specifically talking about daysailing in winter. Days feel much warmer than nights, and enjoyment is all about staying warm and whenever winds and ice let you out.



Sailing when the snow flies can be great way to get more use out of your boat, but you need to dress warmly. That means lots of layers and warm mittens. To make the most out of winter sailing, look for light-wind days. It’s much nicer to be ghosting along slowly in a wisp of wind than sailing at hull speed and freezing.

Appropriate clothing is the key to winter sailing and odds are what you’d wear to go on a casual winter walk will be about right for sailing, with a possible change in footwear. Aim for windproof fabrics on the outer layer with plenty of insulation underneath, along with warm hats and gloves. A life jacket is highly recommended. Weighted down with all that clothing a person who fell into cold water would likely have a very difficult time surviving without one.

If you sail in winter on a dinghy, a drysuit is required equipment because you will be getting wet. Layer glove liners under a pair of dishwashing gloves with sailing gloves on top to keep hands dry and relatively warm.

Hot drinks help keep sailors warm as well. It’s also a good idea to keep the companionway slide in and the cabin closed up to preserve any heat down below. Sailors who plan to do a lot of cold-weather sailing may want to consider adding a cabin heater, a luxury that will also make sailing in the shoulder seasons more pleasant. Paraffin, diesel and propane-fueled heaters are all available, with varying amounts of complexity. All require adequate ventilation, so installing a heater is a project that should be well thought out.



Lines left touching decks get wet when it snows or rains and can freeze. Frozen lines can be a problem going through blocks and rope clutches, as they are not only stiff and hard to turn, but also swell to a larger diameter. A spare line tied with a rolling hitch to a line that normally goes through a rope clutch may work around the problem of a frozen, swollen line suddenly being too big to go through a rope clutch, but plan out how and if this can work on your boat before leaving the dock.

Keeping the lines as dry as possible helps. Ventilated bags for sheets and halyards that keep them off the deck, or just simply ensuring to coil and hang all ropes before leaving the boat keeps them dry and flexible.

Motors that run well in warm weather may be more difficult to start in winter. A tune-up or thorough checkup at the end of the “regular” sailing season could be worthwhile. Batteries have much less power when cold (as any car owner in cold climates knows), and cold engines are harder to turn over because the oil inside them is thicker, so require more power to crank fast enough to start. How good the ship’s batteries are for cold-weather starting is something that needs to be tested at the dock before leaving.

For boats small enough to use them, oars are a reliable, yet a slow way of getting home when the wind dies if the engine won’t start. Oars are also nice on sailboats with outboard motors for owners who are adventurous enough to chop their way through ice to go sailing. Propellers on outboard motors on sailboats are often high in the water, where the broken ice is, so more liable to be damaged than propellers on inboard-powered craft, which are usually lower in the water, below the broken ice. Oars can help maneuver out of icy harbors on smaller boats.

Obviously ice is a danger to most boats and sailboats are generally not good ice breakers. Sailing opportunities will often be dictated as much by the weather as they are by ice in the harbor.

If you haven’t hauled your boat out of the water for the winter, consider looking for a nice winter day, with light winds and sunshine, and going for a daysail.



Upcoming Events

Social Events

Every Friday Night (7:00 pm) - Pub Nights
in the Regatta Room

Friday, November 29 (7:30 pm)
- Christmas Tree Decorating

Saturday, December 14 (normal time)
- Christmas Secret Santa

Wednesday, January 1 (afternoon)
- Commodore's Levee

Club Business

Monday, November 25th (8 pm)
- General Meeting

Monday, December 9 (7 pm)
- Executive Meeting

Monday, January 14 (7 pm)
- Executive Meeting

Yoga

Tuesdays, for the next few weeks

PARA

Sunday, December 1 (9 am - 12:30 pm)
- Flag and Regatta Room

Sunday, December 8 (9 am - 12:30 pm)
- Flag and Regatta Room

Available to members or member sponsored guests.

FOR RENT

For further details and contract terms, contact
Steward@fbyc.ca

\$175.00 per event
(includes use of kitchen facilities)

Additional Services Available:

- Bar (1 or 2 bartenders)
- Post-event cleaning




Some Christmas Humour

What's the name of the one horse in "Jingle Bells"?

Bob. (Bells on Bob's tail ring!)

What does Santa suffer from if he gets stuck in a chimney?

Claustrophobia!

Why does Santa have three gardens?

So he can 'ho ho ho'!

What kind of motorbike does Santa ride?

A Holly Davidson!

What do you call a cat in the desert?

Sandy Claws!

What did the sea say to Santa?

Nothing! It just waved!

What do you get if you cross Santa with a duck?

A Christmas Quacker!

What says Oh Oh Oh?

Santa walking backwards!

What is Santa's favorite place to deliver presents?

Idaho-ho-ho!

Why does Santa go down the chimney on Christmas Eve?

Because it 'soots' him!

Who is Santa's favorite singer?

Elf-is Presley!

What do you call Santa's little helpers?

Subordinate clauses!

What do Santa's little helpers learn at school?

The elf-abet!

What do you call a bankrupt Santa?

Saint Nickel-less!

What do elves post on Social Media?

Elf-ies!

What's worse than Rudolph with a runny nose?

Frosty the snowman with a hot flush!

What did one snowman say to the other?

I couldn't hear them, so I have snow-idea!

Why are Christmas trees so bad at sewing?

They always drop their needles!

Why didn't the rope get any Christmas presents?

It was knotty!

What did Adam say on the day before Christmas?

It's Christmas, Eve!

Why do cats take so long to wrap presents?

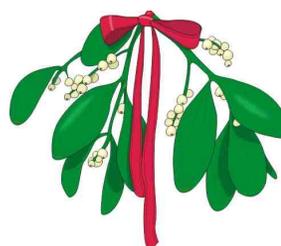
They want them to be purr-fect!

What's green, covered in tinsel and goes 'ribbet ribbet'?

A Mistle-toad!

Where does Mistletoe go to become famous?

"Holly" wood!



Christmas Recipes

Stollen

- 1 tablespoon active dry yeast
 - 2/3 cup warm milk (110 degrees F/45 degrees C)
 - 1 large egg
 - 1/3 cup white sugar
 - 1/2 tablespoon salt
 - 1/3 cup butter, softened
 - 2 1/2 cups bread flour
 - 1/3 cup currants
 - 1/3 cup sultana raisins
 - 1/3 cup red candied cherries, quartered
 - 2/3 cup diced candied citron
 - 6 ounces marzipan
 - 1 tablespoon confectioners' sugar
 - 1/4 teaspoon ground cinnamon
- In a small bowl, dissolve yeast in warm milk. Let stand until creamy, about 10 minutes.
- In a large bowl, combine the yeast mixture with the egg, white sugar, salt, butter, and 2 cups bread flour; beat well. Add the remaining flour, 1/4 cup at a time, stirring well after each addition. When the dough has begun to pull together, turn it out onto a lightly floured surface, and knead in the currants, raisins, dried cherries, and citrus peel. Continue kneading until smooth, about 8 minutes.
- Lightly oil a large bowl, place the dough in the bowl, and turn to coat with oil. Cover with a damp cloth and let rise in a warm place until doubled in volume, about 1 hour.
- Lightly grease a cookie sheet. Deflate the dough and turn it out onto a lightly floured surface. Roll the marzipan into a rope and place it in the center of the dough. Fold the dough over to cover it; pinch the seams together to seal. Place the loaf, seam side down, on the prepared baking sheet. Cover with a damp cloth and let rise until doubled in volume, about 40 minutes. Meanwhile, preheat oven to 350 degrees F (175 degrees C).
 - Bake in the preheated oven for 10 minutes, then reduce heat to 300 degrees F (150 degrees C), and bake for a further 30 to 40 minutes, or until golden brown. Allow loaf to cool on a wire rack. Dust the cooled loaf with confectioners' sugar, and sprinkle with the cinnamon.



Wassail

- 2.25 Litres of Dry Cider
 - A bare 1/2oz root of Ginger
 - 6 Cloves
 - A blade of Mace
 - 1/2 small Nutmeg, grated,
 - or 1 level teaspoon grated Nutmeg
 - 1/2 level teaspoon ground Corriander seeds or 4 seeds
 - 1/2 level teaspoon Cardamom seed or 4 seeds
 - 225g granulated Sugar
 - 2 lemons
 - 275ml Water
 - 2 Egg yolks
 - Demerara Sugar
 - 6 small cooking Apples
- Bruise the ginger with a hammer, then put it into a large pan with the cloves, grated nutmeg, mace, coriander, cardamom and sugar.
 - Finely grate the rinds of the lemons and add this to the spices with the water. Bring these ingredients to the boil and simmer them for five minutes.
 - Squeeze the lemons, add the juice to the spices with the cider, and heat the mixture slowly.
 - Put the egg yolks into a bowl and gradually beat in half a pint of the hot, but not boiling, liquid.
 - When the rest is almost at boiling point whisk it an into the basin.
 - Meanwhile core the apples and put them in a roasting tin, fill the centers with demerara sugar and bake them in a moderately hot oven about 190C / 375F approximately twenty minutes. Put them into the Wassail.



From the Archives

Jim and Maureen Dike have kindly provided some historical material on the growth of the club.....which includes both documents and photos.

Over the next several issues, the newsletter will include items of potential interest and amusement.



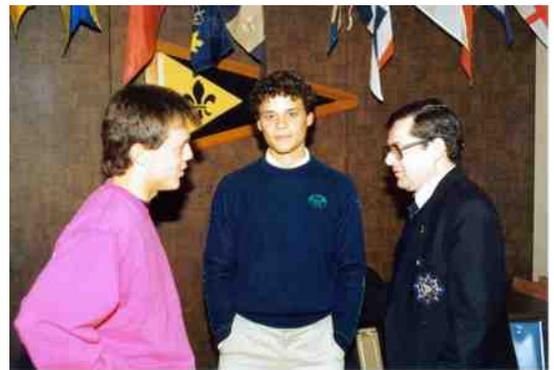
Waterstopper (and crew)!



"Shooting" the executive!



Ray Davies and Bill MacLean



Ray Davies, John Clarke and Jim Dike





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