



SAILPAST



December, 2018



Advance Notice

The Falcon Cup is a new addition to the racing season this year.

You can read up on the event in the brochure on the last page of the newsletter.

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Frenchman's Bay Yacht Club

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20 Questions

Say goodbye to this year. Say hello to next year.



As you end this new year and move on to the next, take some time to review, to contemplate, to meditate. Post-eggnog, it's easy to speed forward with gusto and juice-cleanse your system from all the holiday indulgence. But ease your foot onto the brake just for a few days. Give yourself the space and freedom to reflect on the past year.

Honor the past year by celebrating your joys, mourning your losses, and shaking your head at the wonder of it all. Isn't it amazing another year has passed? And so the earth goes round and round, about to orbit once more.

Whether you're headed to a party or headed to the living room with a bowl of popcorn, New Year's Eve is a great day for reflection. A whole year has passed since the last one. You're a year older. Are you a year wiser?

New Year's Eve Reflection Questions

1. What was the single best thing that happened this past year?
2. What was the single most challenging thing that happened?
3. What was an unexpected joy this past year?
4. What was an unexpected obstacle?
5. Pick three words to describe this past year.
6. Pick three words your partner would use to describe your year—don't ask them; guess based on how you think your spouse sees you.
7. Pick three words your partner would use to describe their year—again, without asking.
8. What were the best books you read this year?
9. Who were your most valuable relationships with?
10. What was your biggest personal change from January to December of this past year?
11. In what way(s) did you grow emotionally?
12. In what way(s) did you grow spiritually?
13. In what way(s) did you grow physically?
14. In what way(s) did you grow in your relationships with others?
15. What was the most enjoyable part of your work (both professionally and at home)?
16. What was the most challenging part of your work (both professionally and at home)?
17. What was your single biggest time waster in your life this past year?
18. What was the best way you used your time this past year?
19. What was biggest thing you learned this past year?
20. Create a phrase or statement that describes this past year for you.

New Year's Inspiration

Recipe for a Happy New Year. *. . . . Anonymous*

Take twelve fine, full-grown months; see that these are thoroughly free from old memories of bitterness, rancor and hate, cleanse them completely from every clinging spite; pick off all specks of pettiness and littleness; in short, see that these months are freed from all the past—have them fresh and clean as when they first came from the great storehouse of Time. Cut these months into thirty or thirty-one equal parts. Do not attempt to make up the whole batch at one time (so many persons spoil the entire lot this way) but prepare one day at a time.

Into each day put equal parts of faith, patience, courage, work (some people omit this ingredient and so spoil the flavor of the rest), hope, fidelity, liberality, kindness, rest (leaving this out is like leaving the oil out of the salad dressing—don't do it), prayer, meditation, and one well-selected resolution. Put in about one teaspoonful of good spirits, a dash of fun, a pinch of folly, a sprinkling of play, and a heaping cupful of good humor.

A Year of Time. Steven B. *Cloud, Pulpit Helps, Vol. 14, # 2*

...Though even thinking on the subject of time may prove discomforting, it is not a bad idea—especially at the beginning of a new year.

As we look into 2019 we look at a block of time. We see 12 months, 52 weeks, 365 days, 8,760 hours, 525,600 minutes, 31,536,000 seconds. And all is a gift from God. We have done nothing to deserve it, earn it, or purchased it. Like the air we breathe, time comes to us as a part of life.

The gift of time is not ours alone. It is given equally to each person. Rich and poor, educated and ignorant, strong and weak—every man, woman and child has the same twenty-four hours every day.

Another important thing about time is that you cannot stop it. There is no way to slow it down, turn it off, or adjust it. Time marches on.

And you cannot bring back time. Once it is gone, it is gone. Yesterday is lost forever. If yesterday is lost, tomorrow is uncertain. We may look ahead at a full year's block of time, but we really have no guarantee that we will experience any of it.

Obviously, time is one of our most precious possessions. We can waste it. We can worry over it. We can spend it on ourselves. Or, as good stewards, we can invest it in the kingdom of God.

The new year is full of time. As the seconds tick away, will you be tossing time out the window, or will you make every minute count?

Time for New Beginnings. *Taylor Addison, Blue Mountain Arts,* *1989*

"This is a time for reflection as well as celebration.

As you look back on the past year and all that has taken place in your life,

Remember each experience for the good that has come of it and for the knowledge you have gained.

Remember the efforts you have made and the goals you have reached.

Remember the love you have shared and the happiness you have brought.

Remember the laughter, the joy, the hard work, and the tears.

And as you reflect on the past year, also be thinking of the new one to come.

Because most importantly, this is a time of new beginnings and the celebration of life."

A New Year
William Arthur Ward

Another fresh new year is here ...
Another year to live!
To banish worry, doubt, and fear,
To love and laugh and give!

This bright new year is given me
To live each day with zest ...
To daily grow and try to be
My highest and my best!

I have the opportunity
Once more to right some wrongs,
To pray for peace, to plant a tree,
And sing more joyful songs!

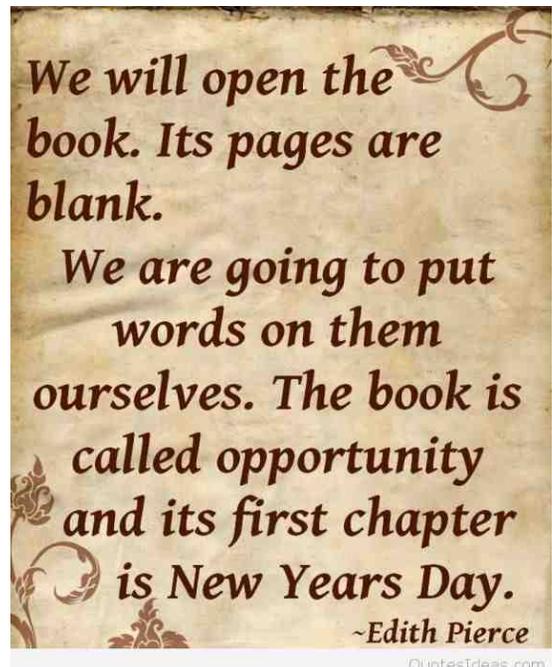
"A Morning Wish"
W.R. Hunt

"The sun is just rising on the morning of another day, the first day of the new year. What can I wish that this day, that this year, may bring to me?

Nothing that shall make the world of others poorer, nothing at the expense of others; but just those few things which in their coming do not stop with me but touch me rather, as they pass and gather strength:

- A few friends who understand me, and yet remain my friends.
- A work to do which has real value without which the world would feel the poorer.

- A return for such work small enough not to tax unduly anyone who pays.
- A mind unafraid to travel, even though the trail be not blazed.
- An understanding heart.
- A sight of the eternal hills and unbelting sea, and of something beautiful the individual hand has made.
- A sense of humor and the power to laugh.
- A little leisure with nothing to do.
- A few moments of quiet, silent meditation. The sense of the presence of God.
- And the patience to wait for the coming of these things, with the wisdom to know them when they come."



QuotesIdeas.com

In the News

Club Racing - Falcon Cup

All you racing enthusiasts.....mark your calendar for August 9 for the beginning of the Falcon Cup.

A more detailed description is provided in the writeup at the end of this month's edition.

Youth Championships

Sail Canada is pleased to announce that the 2019 Sail Canada Youth Championships will take place at CORK International at Portsmouth Olympic Harbor (POH) in Kingston, Ontario. The championships will take place August 12th - 16th, 2018. Competitive youth sailors from across the country are invited to compete in the sailing freshwater capital of the world!

Protecting our Waters

Sailing creates a meaningful appreciation for the health of our watery environment, so Sail Canada promotes best practices and shares resources and programs to be used at clubs and schools across Canada to keep our waterways clean, safe and healthy.

Here's one way we do that:

In partnership with the Canadian Wildlife Federation's Best Practices & Wild About Sports programs, information and resources are provided to our member schools, coaches and instructors to use in teaching their sailors about environmental best practices. All registered Sail Canada instructors have access to the Wild About Sports manual through their Sail Canada profile.

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Commodore



Seasons Greetings FBYC,

Short and sweet for our December note - 2018 has been a fantastic year and I can't believe its coming to an end. Christmas is around the corner and the club is looking very festive – A big thank you to everyone who came out to decorate and bring the spirit of Christmas to FBYC. We also can't forget that unofficial halfway point of the off-season is also around the corner too – The Boat Show. Can you tell I'm excited? J

A big thank you to everyone to attended our November General Meeting – The new Budget was review and approved with some of our board reports sharing some exciting news and plans in 2019 – More to come in the new year.

Although there is less hustle and bustle around the club – The entertainment committee is hard at work planning opportunities to get engage with the club over the off-season. Whether Yoga, Bar nights, upcoming Super Bowl party – Not to mention our Wednesday night educational events put together by Fleet. There are no shortages of great ways to

enjoy the company of your FBYC family in the coming months.

That said - the Commodore's Levee is set for Tuesday January 1st from 1pm-4pm – I hope you will join Christina and I as we celebrate the New Year with great friends and cheer – It also doesn't hurt that the 1st drink is on me. As always – feel free to bring along any canapés, finger food or left over snacks to share with all. We will also be raffling off some great meats from our local Buckingham Meat's here in Brooklin. Looking forward to seeing everyone there as we celebrate the New Year.

As always – if you have any questions, comments, concerns or feedback – feel free to drop me a line at commodore@fbyc.ca. On behalf of our family – I want to personally wish everyone a very Merry Christmas and wish you all the best throughout the holiday season and into 2019.

Cheers,

- Samuel Cummings

Christmas Gift Exchange

Saturday Evening,
December 15



Santa has already been here!



The Elves at Work! - Kayleen opens a gift!



Ah!!!!



The Announcement - Food is
Ready!



Another happy recipient!

Back and Forth

In the seventh of many articles, Bob Stobie shares his flying experience on flights to and from Florida.

BACK AND FORTH TO FLORIDA BY CESSNA

October, 2016

During the summer of 2016 I decided it was time to cross off an item on my bucket list, to cross the Atlantic by sea. I investigated repositioning cruises for that fall from the Med to the Caribbean, but before I could book something I wanted to get agreement with Kingsley when we would take DKC down south. Kingsley and Daisy decided that a cruise sounded like a good idea, and all three of us booked with Holland America leaving Barcelona Nov. 4 back to Fort Lauderdale with a detour through the eastern Caribbean.

We started south on Friday, October 14 and flew to Port Clinton. When we arrived Kingsley found that he had brought Daisy's passport by mistake. The US officer was actually quite accommodating and would have been willing to admit us based on an image of Kingsley's passport on his laptop, but Daisy was flying to Ft. Lauderdale on Sunday, October 16. We looked into sending the passport back by courier, but there was no chance it would arrive before Monday. Back to Toronto we went.

Try again on Saturday, and no problems clearing into the US. We had previously stopped for fuel at Monroe County airport, which is just south-west of Knoxville and had self-service 100LL much cheaper than TAC Air at Knoxville. We decided we would stop there for the night. They had a

courtesy car, and recommended a motel about 5 miles away. The problem was it was right next to I-75, and it was Saturday evening. No room. The staff recommended another place just down the road. We got the last room there, but it was for smokers. Since it was on the second floor we were able to leave the door onto the balcony open while we went for dinner.

Next morning off again. However, Kingsley had been having some problems with his fuel gauges, and the left gauge was reading lower than we thought it should. There also appeared to be some threatening weather on his Nexrad display. As a result we stopped at Cartersville GA, dipped the tanks and called the weather. Everything checked out, but we noticed a large collection of Learjets on the ramp. They belonged to Phoenix Air Group, who provide a variety of services for the US government, including acting as the enemy aggressor side for the USAF. Since it was Sunday they were all back on base.

We dodged thunder showers all the way down the Gulf coast and eventually made it to Marco, but not in time to go get Daisy. We picked her up the next day at her sister's place in Fort Lauderdale. I flew home from Fort Myers as usual, while they went to Jamaica for a funeral.

When we arrived back after the cruise, Daisy and Kingsley invited me to stay with them for a few days. Kingsley has a friend Claude from Montreal who has a Robinson 66 turbine powered helicopter at Marco. He had to fly it up to Sarasota for its annual inspection. Kingsley flew DKC there and brought him back to Marco; he paid for the gas. I had never been in a helicopter, and I tagged along for the ride. Quite a different sensation from flying fixed wing.

From the Bar

As most of the members are aware by now, I am turning over the Club Steward position to the very capable Kayleen Mertz. Kayleen has been assisting me for a couple of years now and is looking forward to being your new Club Steward commencing January 1st , 2019.

Thank you to all the members who have not only frequented the bar but also to those who have helped me with beer/liquor orders, re-stocking, inventory and recycling. Your assistance has been greatly appreciated.

The Commodore's Levee will be on Tuesday, January 1st from 1:00 p.m. to 4:00 p.m. Hope to see you there. (I will be on the other side of the bar)!

Merry Christmas to all and have a Happy, Healthy New Year!

Cheers!

- Maureen Tutty



Upcoming Events

Social Events

Every Friday Night (7:00 pm) - Pub Nights
in the Regatta Room

- NOTE: Closed December 28

Tuesday, January 1 (1 to 4 pm)

- Commodores levee

Tuesday, January 23 (7 pm)

- Presentation ICW and Cuba

Club Business

Monday, January 14 (7:00 pm)

- Executive Meeting

Monday, February 11 (7 pm)

- Executive Meeting

Monday, February 25 (8 pm)

- General Meeting

Racing

August 9-11

- Falcon Cup

Yoga

Tuesdays (7:30 pm)

PARA

Tuesday, January 8 (7:00 pm)

- Executive Meeting

Saturday, January 12 (9 am to 6 pm)

- Training

Wednesday, January 16 (6:30 pm)

- Coxswain training

Thursday, January 24 (6:30 pm)

- Training

Saturday, January 26 (9 am - 5 pm)

- First Aid Training

Sunday, January 27 (9 am - 5 pm)

- First Aid Training

Sunday, February 4 (7 pm)

- Meeting

Wednesday, February 13 (7 pm)

- Meeting

Thursday, February 21 (6:30 pm)

- Training

Saturday/Sunday, February 23/24 (8 am)

- CCGA Training



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2018

GREECE AUG 18 - SEPT 1

GREECE SEPT 1 - SEPT 15

2019

CROATIA AUG 16 - AUG 30

GREECE SEPT 1 - SEPT 15

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The Falcon Cup is an invitational regatta being held at Frenchman's Bay Yacht Club on August 9th - 11th, 2019. Clubs invited to participate are CYC, WYC, FBYC, BPYC, CBYC, HYC and ABYC. Each club will send one spinnaker boat and one white sail boat that will compete against each other on a separate race course. Depending on wind, the races will be 2 to 6 miles in length.

The spinnaker boats will have a PHRF rating between 105 and 135. The white sail boats will have a PHRF rating between 168 and 186. They will race separately but the combined results will determine the winning yacht club. The respective winning boats will EACH receive prizes totalling

more than \$1,500 and, of course, the winning yacht club will have BRAGGING RIGHTS.

The Falcon Cup is designed to determine the best racing yacht club. That's why specific PHRF spreads common to each yacht club are used and why the combined white sail and spinnaker results will determine the winner. It is not the club with the hottest boat. In fact it is entirely possible that the two winning boats each place second but still win the Falcon Cup. Combining the results adds a new dimension to normal racing. White sail boats can compete at the same level to determine the best all-around racing yacht club in the east end of the GTA.

The main sponsor is the Falcon Brewing Company located in Ajax, Ontario.

Frenchman's Bay Yacht Club is ideally suited for the Falcon Cup. It is centrally located, has a new and safe channel entry, a dredged buoyed channel to the yacht club, and lots of water depth. The club will dock incoming boats next to each other (by fleet) so that camaraderie will be at its best. It will be a festive weekend with live music, food, and toonie beer on both Friday and Saturday nights. Good racing and a good party will make a very successful and eventful weekend.

The selection of participating boats will be left up to the yacht clubs. ABYC will determine their boats by selecting the spring series winners of Division 2 and 4. Of course the winner has to fall within the PHRF spreads and if the winner cannot make the regatta the opportunity will drop down to the second place finisher etc. FBYC and WYC on the other hand have already selected the two boats that will compete. It doesn't matter what the selection process is as long as two boats from each club participate.