



# SAILPAST



December , 2019



***Just a few months to the 2020 season!***

## **Erratum**

In the "From the Archives" section of November's edition of Sailpast, the caption under one of the pictures is incorrect.

It is a picture of Ray Davis and Commodore Bob Maidens not Bill MacLean. The picture is 33 years old and Bill MacLean is a current council member and well over 6 ft tall - not the person in the picture. It is Bob Maidens.

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## Sailing News

### 2020 Olympic Trials have started!

Members of the Canadian Sailing Team and Development Squad continue on their quest to qualify for the Tokyo 2020 Olympic games. For most fleets, the 2019 World Championship marks the beginning of the two regatta trial process for each class. With the exception of the 470 whose first trials regatta is at the Miami World Cup. Watch and support our sailors compete to represent Canada at the Olympic Games.

### World Sailing Recognition

Sail Canada's CANSail Program was presented as a Recognized Training Program by World Sailing at the 2019 World Sailing Annual Conference in Bermuda.

The CANSail program is recognized as one of 14 programs in the world meeting the World Sailing Standards along with the Royal Yachting Association, Australian Sailing, and the New Zealand Yachting Association.

The accreditation is a recognition of the systematic approach of the CANSail program that introduces youth to the sport of sailing and continues them on the athlete pathway to international performance. It is a tribute to the hard work of the Sail Canada CANSail Panel in creating a world recognized training program that is amongst the best in the world.

### Rolex Sailor of the Year

Mark your calendars, the Sail Canada Rolex Sailor of the Year Awards will be held Friday, March 6th, 2020 at The Carlu in Toronto!

The recipients of the 2019 Sail Canada Awards will be honoured at The Sail Canada Rolex Sailor of the Year Awards; stay tuned for more details!

### 2021 Women Coaching Apprenticeship Program

The application process for the 2021 Canada Games Women in Coaching Apprenticeship Program and the Aboriginal Apprentice Coach Program is now open. The deadline for expressions of interest is January 10, 2020. We encourage you to share the below links with stakeholders.

The Women in Coaching Program is a partnership between the Coaching Association of Canada, the Provincial/Territorial Coaching Representatives and the Canada Games Council. Information regarding the 2021 Canada Games Women in Coaching Program can be found here: <https://www.canadagames.ca/node/1926>

The Aboriginal Apprentice Coach Program is a partnership between the Coaching Association of Canada, the Provincial/Territorial Coaching Representatives, the Provincial/Territorial Aboriginal Sport Bodies, the Aboriginal Sport Circle and the Canada Games Council. Information regarding the 2021 Canada Games Aboriginal Apprentice Coach Program can be found here: <https://www.canadagames.ca/node/1931>

## 2019 Ontario Sailing Award Winners

On Saturday, November 9, 2019, Ontario Sailing presented the 2019 Ontario Sailing Awards at an Awards Luncheon at Ashbridge's Bay Yacht Club.

Congratulations to all the 2019 winners!

|   |   |
|---|---|
| Salus Sailor of the Year                                    | Sarah Douglas   |
| Hans Fogh Developing Sailors of the Year                    | Joe Marynowski & Andrew Sutcliffe                           |
| Women Sailors' Association Female Junior Sailor of the Year | Hunter Dejean   |
| Fogh Marine Youth Sailor of the Year                        | Andreas Steinitz  |
| Joanne Abbott Female Sailor of the Year                     | Jodi Munden   |
| Ontario Sailing Regatta of the Year                         | Blind Fleet Racing World Championship @ Kingston Yacht Club |
| Angus 'Bud' Roulstone Leadership Award                      | Kristina Harris<br>Ryan Perry                               |
| Presidents' Award   | Tim Irwin   |
| Doug Creelman Volunteer of the Year Award                   | Katie Coleman<br>Nicoll                                     |
| Magnes Club of the Year                                     | Cedar Island Yacht Club                                     |
| Legends of Ontario Sailing Award                            | Larry MacDonald   |
| Award of Excellence   | TBA   |

## Concussions and Rowan's Law

As you may be aware, phase one of Rowan's Law came into effect in July 2019. You may not be aware that the second phase comes into effect July 1, 2020.

A Concussion Policy has been developed by Ontario Sailing for use across the province so the first step for each club is to adopt the Ontario Sailing Concussion Policy in its entirety.

All concussion resources and tools are available online at <https://ontariosailing.ca/concussion-information/>

Documents are available to assist clubs in the steps involved to implement the policy and procedures and ensure they are following each aspect of the legislation including a template to adopt the provincial policy.



## From the Cockpit!

Season Greetings and Merry Christmas to all. This year is almost over, and I hope that everyone had an exciting and fun time this season.

Christmas will be here before you know it, so be good and enjoy the most that the season has to offer. If you missed the Christmas gift exchange a great time was had by all. I would like to thank the entertainment committee lead by Mary Humphries and her helpers Nancy, Shernaz, Connie, Bob Stobie and Bernard. The potluck food that everyone brought was delicious. It included, vegetable salads, tourtiere, ham, quiche, pasta dishes and many, many delicious desserts.

The best part of the night as expected was the gift exchange. For this, Mary had two very special elves... Ethan and Gabriella Cummings ...who alternately called out all the numbers and scolded the ones who did not put the wrappings in the garbage. Some gifts were stolen many times. The most stolen gift was a marine themed cushion, the second were some dishtowels and an espresso pot. Ethan and Gabriella both sang a funny rendition of jingle bells which was very entertaining and an excellent way to end the night. Thanks again to all that helped to make the Christmas Gift exchange a successful one.

The next upcoming event at FBYC is the Commodore's Levee which is on January 1st in the afternoon. This is the event where we welcome the new year and enjoy a complimentary drink, some food and share Christmas stories. For those that have never attended this event there will be some meat rolls and other items that you can win. So come out and enjoy the festivities and welcome the new year with the Commodore and friends.

The following is my take on Clement Clarke Moore's T'was The Night Before Christmas.

*T'was the Night Before Christmas , when all through the yacht club  
not a creature was stirring, not even the mouse that ate the French Bread Trophy.  
The huge stockings were hung by the mastheads with care,  
in hopes that St. Nicholas soon would be there.  
The sailors were nestled all snug in their bunks,  
while visions of new gear danced in their heads.  
And our love in their Snuggies, and I in my PJ,  
had just settled our heads in the V-berth of our J.  
When out by the docks there arose such a clatter,  
I sprang from my bunk to see what was the matter.  
Away to the window I flew like a flash,  
tore open the shades, and threw open the hatch.*

*The Blue moon was so bright it lit up the Bay  
you should have seen the sight,  
and what to my wondering eyes should appear,  
but a miniature tug boat and eight tiny sailboats with beer.  
With a hull that was green and shape of a tug,  
I knew in a moment it must be Andrews Green Tug.  
More rapid than kayaks, the sailboats that followed,  
were in line as they sailed and hollered  
Yo Untamed Yo Moana Yo Rampage and Sushka,  
Oui Ohana, Oui Sea the Wind, and Streak and Karma.  
From the deck of Sushka at the top of the mast!  
Phil was yelling now lets Sail away! Sail away!  
Sail away fast!  
So to all the Sailors and Boaters alike  
"Merry Christmas to all, and to all a Good Night!"*

- Mark Chin

## Vice Commodore's Corner



It's hard to believe that we are wrapping up another year..... another decade even.

It seems that it was not long ago that we were talking about what will happen with Y2K! The world has changed so much in these last 19 years. Most importantly however, we were introduced to sailing!

2019 actually marks 10 years of membership for Jeff & I at FBYC. Contrary to many couples, Jeff is quick to point out, that it was 'because of Annette that we bought a boat'. Although it was my initiative, we have both fallen in love with boating on Lake Ontario. We've met so many great people, made new friends, and feel really grateful for our extended FBYC sailing family.

As I reflect on our first year at FBYC, I can't help but remember that we were assigned to B dock, and the folks I first remember getting to know were: Fred, Craig, Peter, Moira, Shane, Brian, Jonathan, and Rosemary. I think the reason we got to know this gang was because they either went out on their boats several times a week, or were working around the club on various projects, (& finding excuses to hang around the boat) just like the keeners that we were.

Two seasons later, we bought a different boat, and were moved to A dock, giving us the opportunity to get to know a bunch of different people. The one person I am grateful to have had the chance to get to know with this move, was Bob Hickson. He was just across the way from us, and was often around, putzing on his boat, always willing to lend a hand (or tool) for whatever project I was tackling. He was a great mentor, and never seemed to mind helping this newbie learn, and always made the time to hang out in the cockpit for a drink or two, and enjoy the day.

A few years later, we were moved further down the dock, giving us a chance to get to know Bob & Barb, Peter & Judy, Chris & Isla, Phil and his crew,..... etc etc .... you get the picture. This year we were reassigned to C dock, where we were welcomed and made to feel at home by our new dock mates. The point of my tale is that though we may be creatures of habit, and resist change, you never know what new friendships await in a simple dock re-assignment.

Another way that we got to know members at FBYC was getting involved in work bees, and volunteering for Wed. race night BBQ's. Before long, we were encouraged to bring our boat out, and join in the racing fun. (I'm so grateful for all the people who make race night happen. I can't imagine summer, without racing.) Being involved on a committee is another great way to get to know fellow members, and make a contribution to your club.

As a matter of fact, in the new year, I will be putting together a committee to assist in the planning for sail past. (mark your calendar: Saturday, June 6, 2020) If this is something that you'd be interested in helping with, please email [vice@fbyc.ca](mailto:vice@fbyc.ca).

In closing, buying a sailboat, and joining FBYC has been one of the best decisions Jeff & I have ever made.

Not only have we learned so much and improved our sailing skills/knowledge, but really value being part of this community, and thank you for the way that it enriches our lives.

Jeff & I wish you a great holiday season, and all the best for 2020.



## Club News

### Junior Sail

The junior club is planning to expand its sailboat fleet next summer and is looking for 2 lasers and an Opti.

If any club member is interested in selling or donating a laser or an Opti to the junior club please contact Kevin Guerin at [jrsail@fbyc.ca](mailto:jrsail@fbyc.ca).

- Kevin Guerin



## Grounds

Please ensure that all personal boats and boating equipment are removed from the yard.



JANUARY 2020

# FBYC Winter YOGA



Isla Viscount (FBYC member and experienced yoga instructor) will lead a six week session on Wednesday evenings at the club, Jan 8, to Feb 12, 2020

Class begins at 7:30 pm.

Please arrive early enough to get yourself set up and register.

Registration fee: 6 weeks for \$60 if you prepay in advance, drop in rate: \$15

Email [annette.reesor@gmail.com](mailto:annette.reesor@gmail.com) to reserve your spot.

Payments can be made in cash on the first night, or by sending an e-transfer to '[annette.reesor@gmail.com](mailto:annette.reesor@gmail.com)'



Bring a water bottle, yoga mat



and any props that you like to use.



60 minutes to leave the busy day behind

## Newport to Bermuda

World-renowned sailing races draw scores of contestants who try to beat the clock as they pit their skills against the elements. Some folks just can't wait to get to Bermuda.

Mariners from around the world, in fact, race to reach these sunny isles in competitions that test their courage and skills.

It all began in 1906, when three yachtsmen set out to determine who among them was the greatest sailor. Racing to Bermuda, they decided, was the best test of their ability. The three captains asked Thomas Fleming Day, editor of Rudder magazine to organize a race from Gravesend Bay, Massachusetts. It took the winning captain, Frank Maier, just a little more than five days to bring the Tamerlane to Bermuda.

The race caught the attention of other sailing enthusiasts. In 1907, 12 boats took to the seas. Eventually, interest in the event waned. By 1910 only two boats signed up to race, so officials cancelled the competition. But come 1923 the challenge was on again. Herbert Stone, editor of Yachting magazine, organized a sailing race with the newly formed Cruising Club of America and the Royal Bermuda Yacht Club. Twenty-two contestants set sail from New London, Connecticut. The winner was John G. Alden and the Malabar IV. The race drew more participants the next year and, except during World War II, has continued in June of even-numbered years.

Now, however, it's known as the Newport to Bermuda Race. The Rhode Island port became the starting point in 1938. Since 1958, no fewer than 100 yachts have taken part in the competition. On June

16, 2006, a record setting fleet of 264 boats raced. The fastest time ever recorded in the race was by Roy Disney and his maxi-yacht, Pyewacket which completed the 635-mile course in just over 53 hours and 39 minutes (at an average speed of 11.8). His record still stands and shattered the previous record set by four-time winner Boomerong, by 3 hours and 52 minutes.

Strategy and tactics play a big part in winning a race to Bermuda. One of the biggest challenges is maneuvering through the Gulf Stream, a meandering "river" of warm water between 50 and 100 miles wide that flows up from the Gulf of Mexico. Currents in the Gulf Stream sometimes may run to 6 knots and rough water can make or break a sailor's chances of winning a race.

The Newport to Bermuda Race is one of the most prestigious sailing competitions in the world. Not a race for the timid or inexperienced sailor, it is a real test of seamanship, stamina and seaworthiness. But you don't have to be a top-notch seaman to race to Bermuda. The Marion to Bermuda Race lets less-experienced sailors join in the fun.

## Anybody's Game

In 1975, W. David Kingery of the Beverly Yacht Club came up with the idea of organizing a Bermuda race for amateurs.

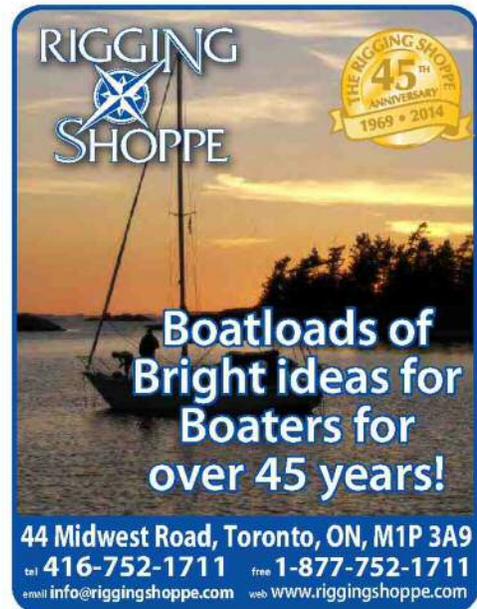
He took the concept to the Royal Hamilton Amateur Dinghy Club, the Blue Water Sailing Club and the Beverly Yacht Club. By 1977 the race was on, with 104 yachts at the starting line in Buzzards Bay, Massachusetts. The winner: Herb D. Marcus aboard the yacht Silkie. Marcus and Silkie went on to win three more times.

The race drew a record 163 entries in 1989 and challenges grew. In the 1991 race, the 117-strong fleet braved near-hurricane conditions, including 30-ft. seas. New challenges were to come. In 1999 the Marion-Bermuda race gave the green light to electronic navigation. Before that, the race permitted sailors to navigate only with a sextant, mathematical equations and traditional charts. Also that year, for the first time, two yachts with all-female crews entered the race.

But these are not the only races to Bermuda. The Bermuda 1-2 was inaugurated in 1977 and has taken place every other year since. Its course is between Newport and Bermuda. Participating yachts must sail single-handed on their return journey to Rhode Island. Such a race can be gruelling, but this one attracts an average of 30 entries.

The Bermuda Ocean Race from Annapolis began in 1979. It was set up between the Eastport Yacht Club and the St. Georges Dinghy Club to provide yachtsmen from the Chesapeake Bay area with a challenging ocean race. The biennial 56-mile competition, held in May, typically draws 35 yachts.

Sailors are also signing up for the Daytona to Bermuda Race and the Charleston to Bermuda Race. Mariners expect these newer races to gain in popularity, as others have before them.



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## Jokes from Ed

### HOW THE TAX SYSTEM WORKS

Suppose that every day, ten men go out for beer and the bill for all ten comes to \$100. If they paid their bill the way we pay our taxes, it would go something like this:

- *The first four men (the poorest) would pay nothing.*
- *The fifth would pay \$1.*
- *The sixth would pay \$3.*
- *The seventh would pay \$7.*
- *The eighth would pay \$12.*
- *The ninth would pay \$18.*
- *The tenth man (the richest) would pay \$59.*

So, that's what they decided to do. The ten men drank in the bar every day and seemed quite happy with the arrangement, until one day, the owner threw them a curve. 'Since you are all such good customers,' he said, 'I'm going to reduce the cost of your daily beer by \$20.' Drinks for the ten now cost just \$80. The group still wanted to pay their bill the way we pay our taxes so the first four men were unaffected. They would still drink for free. But what about the other six men - the paying customers? How could they divide the \$20 windfall so that everyone would get his 'fair share?'

They realized that \$20 divided by six is \$3.33. But if they subtracted that from everyone's share, then the fifth man and the sixth man would each end up being paid to drink his beer. So, the bar owner suggested that it would be fair to reduce each man's bill by roughly the same amount, and he proceeded to work out the amounts each should pay.

- *The fifth man, like the first four, now paid nothing (100% savings).*
- *The sixth now paid \$2 instead of \$3 (33% savings).*

- *The seventh now paid \$5 instead of \$7 (28% savings).*
- *The eighth now paid \$9 instead of \$12 (25% savings).*
- *The ninth now paid \$14 instead of \$18 (22% savings).*
- *The tenth now paid \$49 instead of \$59 (16% savings).*

Each of the six was better off than before. And the first four continued to drink for free. But once outside the restaurant, the men began to compare their savings.

I only got a \$1 out of the \$20,' declared the sixth man. He pointed to the tenth man, but he got \$10!'

'Yes, that's right, exclaimed the fifth man. 'I only saved a \$1, too. It's unfair that he got ten times more than I did'

'That's true!!' shouted the seventh man. 'Why should he get \$10 back when I got only two? The wealthy get all the breaks'.

'Wait a minute,' yelled the first four men in unison. 'We didn't get anything at all. The system exploits the poor' The nine men surrounded the tenth and beat him up.

The next night the tenth man didn't show up for drinks, so the nine sat down and had beers without him" But when it came time to pay the bill, they discovered something important. They didn't have enough money between all of them for even half of the bill.

And that, ladies and gentlemen, journalists and college professors, is how our tax system works. The people who pay the highest taxes get the most benefit from a tax reduction. Tax them too much, attack them for being wealthy, and they just may not show up anymore. In fact, they might start drinking overseas where the atmosphere is somewhat friendlier.

## From the Steward

### Fair Winds and Following Seas

With the holiday season upon us, so is the end of another year.

As most, if not all of you know I will not be returning for the 2020 season as the FBYC bartender.

It is with mixed emotions as the last three years has been filled with smiles, laughter and friendships for a lifetime. Thank you to everyone for making me feel so welcomed and part of the FBYC's incredible family.

Wishing you all a Very Merry Christmas and a Happy New Year '2020' with lots of health and happiness.

Hope to see everyone soon!

- Kayleen Mertz



## Social Events

Every Friday Night (7:00 pm) - Pub Nights in the Regatta Room

Wednesday, January 1 (afternoon)  
- Commodores Levee

## Club Business

Monday, January 13 (7 pm)  
- Executive Meeting

## Yoga

Tuesdays, (7:30 pm to 8:30 pm)  
- see attached flyer for further details

## PARA

*Available to members or member sponsored guests.*

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